

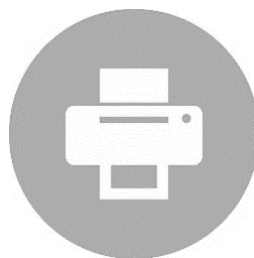
# Digital Family Resource List



Caregiver Resources



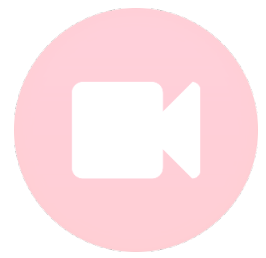
Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

## Caregiver Resources



Helping Kids Navigate Scary News Stories  
[Parent Article](#)

Childcare Aware  
<https://childcareawarewa.org/>

Parent Help 123  
<https://www.parenthelp123.org/>

## Try these APPs



USDA My Plate App  
[Healthy Meals](#)

Musical Me!  
[Musical Play App](#)

## Printable Activities



Elephant & Piggie  
[Activity Sheets](#)

Story Cube  
[Game](#)

Make A Bird Feeder  
[Craft Project](#)

Encouragement Cards  
[Activity](#)

## Play & Learn Websites



Sno-Isle Libraries: Sign up for your FREE library card today!  
<https://www.sno-isle.org/online-resources-for-kids/>

My Plate Kitchen-Healthy Recipes  
<https://www.myplate.gov/myplate-kitchen>

## Videos to Watch



An Elephant & Piggie Book,  
"We Are in a Book!"