## Digital Family Resource List

### Caregiver Resources
- **Pro Tips for Managing Toddler Tantrums**
  - [https://www.zerotothree.org/resources/3716-pro-tips-for-managing-toddler-tantrums](https://www.zerotothree.org/resources/3716-pro-tips-for-managing-toddler-tantrums)
- **Affirmations for Kids**
  - [https://grownups.gonoodle.com/affirmations-for-kids/](https://grownups.gonoodle.com/affirmations-for-kids/)
- **Parent Help 123**
  - [https://www.parenthelp123.org/](https://www.parenthelp123.org/)

### Try these APPs
- **Photo Stuff with Ruff**
- **Duolingo**
  - [https://www.duolingo.com/](https://www.duolingo.com/)

### Printable Activities
- **Celebrating Winter BINGO Activity**
- **Opposite Game Cards Game Cards**
- **Personal Pizza Recipe**
- **Paper Airplane Craft**

### Play & Learn Websites
- **San Diego Zoo Kids**
  - [https://kids.sandiegozoo.org/](https://kids.sandiegozoo.org/)
- **The Questioneers- Read, Question, Think.**
  - [https://questioneers.com/about/](https://questioneers.com/about/)

### Videos to Watch
- **Name that Emotion**