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**Caregiver Resources**
- 7 Music Games for Practicing Self-Regulation
  - [Music Games - Practicing Self Regulation](#)
- Your 4th of July Survival Guide
  - [Survival Guide](#)
- Parent Help 123
  - [https://www.parenthelp123.org/](https://www.parenthelp123.org/)

**Try these APPs**
- Splash and Bubbles for Parents
  - [Splash and Bubbles](#)
- Kids World Cultures
  - [World Culture](#)

**Printable Activities**
- When I Have Big Feelings
  - [Big Feelings](#)
- 4th of July Color By Numbers
  - [Color By Number](#)
- Slime Time
  - [Slime Recipe](#)
- Scissor Practice
  - [Worksheet](#)

**Play & Learn Websites**
- Zumba Kids
  - [Zumba](#)
- Canvas Maker Flag
  - [Canvas Maker](#)

**Videos to Watch**
- Sesame Street
  - [Monster Meditation](#)