# Digital Family Resource List

**Caregiver Resources**
- Helping Children Channel their Aggression
  - Channeling Aggression
- Germ Prevention Strategies
  - Germ Prevention
- Parent Help 123
  - [https://www.parenthelp123.org/](https://www.parenthelp123.org/)

**Try these APPs**
- Planet Pilkey
  - [https://kids.scholastic.com/kids/books/planet-pilkey/](https://kids.scholastic.com/kids/books/planet-pilkey/)
- Super Stretch Yoga
  - [https://www.commonsensemedia.org/app-reviews/super-stretch-yoga-hd](https://www.commonsensemedia.org/app-reviews/super-stretch-yoga-hd)

**Printable Activities**
- Design Your Own Emoji
  - Emoji
- Flex Your Muscles
  - Flex Your Muscles
- Story Starter
  - Cat Comics
- From My Heart to Yours
  - From My Heart to Yours

**Play & Learn Websites**
- Learn to Draw at Home
  - [https://kids.scholastic.com/kids/books/dav-pilkey-at-home-videos/](https://kids.scholastic.com/kids/books/dav-pilkey-at-home-videos/)
- Beanstalk
  - [https://beanstalk.co/](https://beanstalk.co/)

**Videos to Watch**
- [Pass It On](https://dailypartnersimaginationlibrary.com)