COVID 19 Response and Resources

Snohomish County

2/10/2021
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**General Information**

**Washington State Coronavirus Response (COVID-19)**
https://coronavirus.wa.gov/

**Snohomish Health District**
http://www.snohd.org/

**Snohomish County Quarantine Site**
Snohomish Health District has confirmed that access to the Snohomish County Quarantine Center that opened April 1st at the Evergreen State Fairgrounds is exclusively through physicians who make direct referrals to the Snohomish Health District. The Quarantine Center is intended to provide a safe location for people 18 and older to get healthy who can’t self-quarantine at home or are currently experiencing homelessness.

Anyone who is showing symptoms related to COVID-19 and/or states that they have been exposed to someone who is believed positive for COVID-19, should first be guided to an emergency room or a medical clinic. And as you likely know, clinics and emergency rooms are asking that people call first.

Once a medical evaluation is complete and the physician determines an individual presents with symptoms that warrant access to the quarantine center, the physician will coordinate with the Snohomish Health District for access to the quarantine center. Physicians across the county have been made aware of this process by the health district.

**Vaccine Phase Finder**
Phase Finder / Encuentra Tu Fase (findyourphasewa.org)
Check Your COVID-19 Vaccine Eligibility.

**211**
Dial 2-1-1 or toll free at: 1-800-223-8145
North Sound 2-1-1 is receiving a high volume of calls concerning COVID-19 in addition to our typical calls looking for resources. We are aware of the concerns that individuals are facing about their health, jobs, and day to day living. New resources that serve individuals affected by COVID-19 are developing rapidly and we remain committed to getting our callers connected to those services that may better their lives.

The Care Crisis line and Chat are both up and running for immediate assistance. The Food Banks are open and providing food according to USDA and WSDA guidance and experiencing increased demand.

**Carnegie Resource Center**
By appointment only: Monday through Friday, 9:00-4:00pm.
To schedule an appointment, connect by phone: (425) 434-4680
Arlington Community Resource Center
https://www.voaww.org/acrc (360) 322-6988
The ACRC is a one-stop hub of services for people in need. From help with basic needs like food, clothing, and shelter, to assistance with other kinds of resources and programs, we make sure our neighbors are supported and cared for in their journeys toward stability. Please note that due to COVID-19, the inside of our office is closed to drop-in visits.

Lake Stevens Community Resource Center
https://www.voaww.org/lscrc (425) 405-2252
The LSCRC is a one-stop hub of services for people in need. From help with basic needs like food, clothing, and shelter, to assistance with other kinds of resources and programs, we make sure our neighbors are supported and cared for in their journeys toward stability. Please note that due to COVID-19, the inside of our office is closed to drop-in visits.

Recovery Resource Hub WA
Recovery Resource Hub Washington (recoverywa.com)
If you’re an individual, a small business or a nonprofit that’s been negatively impacted by the COVID19 pandemic — there is relief for you. We’ve compiled the most comprehensive list of resources to help the Puget Sound region residents weather the coronavirus crisis and emerge from it with stability and strength.

Disaster Distress Helpline
Call us: 1-800-985-5990
Text: “TalkWithUs” to 66746
Visit: https://www.samhsa.gov/find-help/disaster-distress-helpline

COVID 19 Information
(800) 525-0127
Washington State Department of Health – Coronavirus Information

Snohomish County Approves additional Covid-19 response:
Snohomish County, WA - Official Website

Snohomish County Vaccine Taskforce opens north county drive-thru site
Vaccination at the Arlington Municipal Airport began Friday. That site is expected to continue operating as long as doses are available. While exact capacity at the site will vary, hundreds of vaccines can be administered there per day.

General Covid-19 Quarantine and Isolation Guidance
Unsure if your symptoms/exposure level warrants further testing or quarantine? Check this guide designed by the Snohomish Health Department.
List of Cleaning Products Determined by the EPA that can neutralize Covid-19
https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19
This tool helps consumers make educated choices on which cleaning agents to use and which are effective sanitizers in the face of the Covid-19 pandemic.

Washington Connection
https://www.washingtonconnection.org/home/
Washington Connection offers a fast and easy way for families and individuals to apply for a variety of services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs.

Snohomish and Island CLC Hardship Fund
http://www.snlabor.org/hardship/index.html
The Snohomish and Island County Labor Council Hardship Fund supports union members and families in times of need. The emergency fund is limited to $500 dollars per calendar year and can help with many different needs such as: food, gas, phone, utilities, rent, and other items on a case by case basis.

Washington State Governor’s Office
https://www.governor.wa.gov/
COVID-19 resources page
Inslee extends proclamation protecting high-risk workers

Senator Patty Murray CARES Act News
Housing News
Tribal Support News
https://medium.com/@PattyMurray/the-cares-act-federal-support-for-washington-state-tribes-5522055b0376
Assistance for Families and Workers News
https://medium.com/@PattyMurray/the-cares-act-assistance-for-families-workers-direct-payments-and-unemployment-benefits-74d23be7bfa
Small Business Support News
https://medium.com/@PattyMurray/the-cares-act-support-for-washington-states-small-businesses-ec88aa42e148
Recovery Rebates

Congressman Rick Larsen
https://larsen.house.gov/live

Snohomish County 2020 Flood Safety Guide Now Available
Flood-Safety-in-Snohomish-County---Flood-Guide (snohomishcountywa.gov)
Unemployment

Employment Security Department
https://www.esd.wa.gov/
Washington State Employment Security Department has programs designed to help individuals and employers during this unprecedented time.

ESD Frequently Asked Questions and Updates
ESDWAGOV - For workers and businesses affected by COVID-19 (coronavirus)
Washington State Employment Security Department provides support to employers and workers impacted by COVID-19. Information including unemployment insurance, federal stimulus support and frequently asked questions available here.

Unemployment Benefit Eligibility Checker

Daily Webinar: Introduction to Unemployment Insurance
Register here:
https://esd.wa.gov/newsroom/introduction-to-unemployment-insurance-public-webinar

Paid Family & Medical Leave
https://paidleave.wa.gov/

Paid Sick Leave

COVID-19 Reference Guide

General Information for workers impacted by Coronavirus

Multi-lingual Assistance with Unemployment Claims:
Call 425-977-6404 or email according to the links below;
1/ vpolovina@everettcc.edu (Bosnian)
2/ vkuno@everettcc.edu (Vietnamese)
3/ ccarbajah@everettcc.edu (Spanish)
4/ ichop@everettcc.edu (Russian)
5/ thibell@everettcc.edu (Vietnamese)
6/ dayouni@everettcc.edu (Arabic/French)
7/ arahman@everettcc.edu (Farsi, Pasto)
8/ taphkas@esd.wa.gov (chuukese)
WorkSource
(833) 572-8400
https://www.worksourcewa.com/

WorkSource Snohomish County is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Washington Relay 711.

WorkSource Strategies for Success online
Monday – Thursday, 9:00 – 12:00
Courses geared toward job search

Bartender Emergency Assistance Program
https://www.usbgfoundation.org/beap?fbclid=IwAR0r0I7xQkY10h0uYbPCPFp35LnizbYHdv4vSQ36wiZG0mW8zfdLcZkXA

One Fair Wage Emergency Fund
https://ofwemergencyfund.org/help
Are you a service worker struggling amidst the coronavirus crisis? This resource could help with emergency cash assistance.

Employment

Businesses that are hiring during COVID-19:
https://jobs.kroger.com/qfc/go/QFC/571500/#job-table
https://careers.walmart.com/
https://www.worksourceskc.org/critical-job-opportunities
https://www.homedepotretailjobs.com/
www.amazondelivers.jobs

UFCW 21
https://www.ufcw21.org
UFCW 21 is the largest private-sector union in Washington, with over 44,000 members working in grocery store, retail, health care, meat processing and other industry.

SnoCoWork
https://SnoCoWork.com
SnoCoWork.com provides a no-cost resource to employers to post job openings and an opportunity for job seekers to directly connect with local companies.

Small Business Assistance

Snohomish County Provides Third Round of Small Business Relief Grants
Snohomish County, WA - Official Website
Today, Snohomish County Executive Dave Somers announced the re-opening of the Small Business Relief, Recovery, and Resiliency (R3) Grant Program. This grant program is a key part of the relief and recovery action Snohomish County is taking to help businesses impacted by the pandemic.
Support Local Businesses
Support SnoCo | Plan Your Experience
Snohomish County today announced the launch of Support SnoCo to boost the economic health of local businesses. This program is one of the recommendations from the Snohomish County Economic and Workforce Recovery Task Force and is being funded through federal CARES Act resources.

US Chamber of Commerce – Emergency Loans for Small Business and Nonprofits

US Small Business Administration – Economic Injury Disaster Loans

Marysville CARES Small Business Grant Program
https://www.marysvillewa.gov/434/Community-Development-Block-Grants

Safe Opening Toolkit for Business Owners
https://www.everettforeverett.com/safeopening

Wells Fargo: Open For Business Fund
https://www.wellsfargo.com/about/corporate-responsibility/community-giving

DSHS
Applying for Benefits of Connecting with DSHS Representatives
https://www.washingtonconnection.org/home/
877-501-2233

DSHS Policy Changes
Policy changes in response to COVID-19 | DSHS (wa.gov)
DCAP is no longer available as of Jan. 4, 2021. Applications dated Jan. 5, 2021 or later are not eligible for DCAP. Individuals who applied for DCAP by Jan. 4, 2021 and contact DSHS at 877-501-2233 by Feb. 4, 2021 to complete an interview will have their applications considered.

DSHS has partnered with the Department of Health and Washington 2-1-1 to add an option for callers to the COVID-19 Call Center (888-856-5691) that allows loved ones of someone in DSHS’ care to learn what is happening at various facilities around the state.

Aging and long-term support
The Aging and Long-Term Support Administration is committed to the safety and well-being of residents and staff at every long-term care facility in Washington. We are also committed to helping families with loved ones in a long-term care facility get accurate and timely information.
DSHS Cell Minute Replenishment
(877) 501-2233
Cell phone minutes can now be issued by the DSHS call center agents via mailing the minute voucher to the customer. Anyone needing access should call our contact center at to verify their service is through covered providers.

Shelter
Snohomish County
https://www.snohd.org/471/Cold-Weather-Shelters
Cold Weather Shelters

Cocoon House – Youth ONLY
425-259-6042
## Snohomish County Shelter Resource List (Updated: 1.12.2021)

<table>
<thead>
<tr>
<th>Name</th>
<th>Contact Information</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Everett Gospel Mission</strong></td>
<td>(425) 740-2550</td>
<td>Men&lt;br&gt;Call first – ask if there are any beds available. Drop in&lt;br&gt;between 10am and 2pm Monday through Friday to do an intake, no appointment necessary.</td>
</tr>
<tr>
<td>3711 Smith Ave&lt;br&gt;Everett, WA 98201</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Housing Hope</strong></td>
<td>(425) 347-6556 Ext: 284</td>
<td><strong>Not restricted demographically,</strong>&lt;br&gt;Must have completed coordinated entry by calling 211 before they can fill units. Stays are limited to 90 days.</td>
</tr>
<tr>
<td>5830 Evergreen Way,&lt;br&gt;Everett, WA 98203</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Interfaith Family Shelter</strong></td>
<td>(425) 200-5121</td>
<td><strong>1 and 2 parent families,</strong>&lt;br&gt;Strongly advised to do coordinated entry and have an assigned housing navigator before calling.&lt;br&gt;Highly recommended for clients to have persistence and call at least once a week to check in on their progress.</td>
</tr>
<tr>
<td>2301 Hoyt Ave,&lt;br&gt;Everett, WA 98201</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Maud's House</strong></td>
<td>(425) 876-1233</td>
<td><strong>Women with Children/Pregnant Women,</strong>&lt;br&gt;Call 211, do coordinated entry and see if you qualify for a housing navigator, referrals to the shelter are made by the housing navigator.</td>
</tr>
<tr>
<td>615 Cedar Ave&lt;br&gt;Marysville 98270,</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Monroe Gospel Mission</strong></td>
<td>(360) 863-9003</td>
<td><strong>Single Women (No Children)</strong>&lt;br&gt;The shelter is expecting a recent COVID-19 test from clients before they can meet in person/schedule an intake. Stays are limited to 60 days.</td>
</tr>
<tr>
<td>450 south Lewis street&lt;br&gt;98272</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Pathways for Women</strong></td>
<td>(425) 774-9843&lt;br&gt;Or (425) 626-1751</td>
<td><strong>Women/Women with Children</strong>&lt;br&gt;Just emergency shelter, only 45 days or less.&lt;br&gt;To get on waitlist, must call either of these numbers and then check in every two weeks via phone in order to stay on the waitlist. Intake meetings are done over the phone, they will require a current picture id and a social security card.</td>
</tr>
<tr>
<td>6027 208th street SW&lt;br&gt;Lynnwood 98036</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Snohomish County Emergency Shelter List (Updated 1.12.2021)


<table>
<thead>
<tr>
<th>SHELTER</th>
<th>LOCATION</th>
<th>HOURS</th>
<th>CONTACT/WEBSITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>South Snohomish County EMERGENCY Cold Weather Shelter</td>
<td>1872 – 60th Avenue W., Lynnwood, 98037 (People may arrive by car, bicycle, taxi, Uber, police or our van, but no walk-ins permitted). November 1 – March 1</td>
<td>6:45 pm pick up @ Bethesda Lutheran Church, 23406 56th Avenue W., Mountlake Terrace 7 pm pick up @ Lynnwood City Hall 7:05 pickup @ bus stop by Trader Joe’s at Hwy 99 &amp; 196th Street 7:35 pm pickup @ Value Village Highway sign at 17216 Hwy 99, Lynnwood On Wednesdays all pickups are 1.5 hours later</td>
<td>206-743-9843 <a href="http://www.weallbelong.org">www.weallbelong.org</a></td>
</tr>
<tr>
<td>Sky Valley Shelter</td>
<td>Evergreen Fairgrounds 4-H Building</td>
<td>Shuttles available from Sultan Library (leaves at 7:45 pm), Snohomish Evangelical Free Church (leaves at 8 pm) &amp; New Hope Fellowship (leaves at 8 pm) 8:30 pm open Locked at 9:30 pm Closes at 7 am</td>
<td>Facebook <a href="mailto:TQuinn@snohd.org">TQuinn@snohd.org</a></td>
</tr>
<tr>
<td>Everett</td>
<td>3001 Oakes Avenue, Everett</td>
<td>6:30 pm, Open at 7 pm, Locked at 10 pm Closes at 7 am</td>
<td>425-259-8129</td>
</tr>
<tr>
<td>United Church Of Christ</td>
<td>2624 Rockefeller Everett</td>
<td>Register for a bed 9am-5pm at either at the Church or at Everett Gospel Mission, 3711 Smith Ave. You will then be registered for a bed every night through March, as long as you are checked in each night by curfew.</td>
<td>425-740-2550 Call for availability</td>
</tr>
</tbody>
</table>
Showers Bathrooms & Laundry

Public Showers (Updated: 2/9/2021)

Shower to the People at First Presbyterian Church:

- 2936 Rockefeller Everett
- Wednesday’s starting at 4pm, in the alley behind the church.
- Toiletries/snacks/apparel as available.

Lynnwood Shower Site

- 19726 64th Ave. W. in Lynnwood
- Monday through Saturday: 10am-5pm
- Closed Sunday

Showers After Hours (Marysville YMCA) Currently on pause

- 6420 60th Dr NE Marysville, WA 98270
- Every Sunday from 5pm-7pm
- Questions? Contact jfrank@ymca-snoco.org

Showers After Hours (Monroe YMCA) Currently on pause

- 14033 Fryelands Blvd, Monroe, WA 98272
- Every Saturday 12:30-2:30 PM
- Questions? Contact jwilliams@ymca-snoco.org
North Snohomish County Outreach

Community Laundry Outreach
Limited to one load per person

Smokey Point - Suds n Duds 3131 Smokey Point Dr

TUESDAY 6:00pm - 8:00pm  Last load in washer 7:00pm
WEDNESDAY 10:00am - 12:00pm  Last load in washer 11:15am

Arlington - Laundry Station 102 W 5th St

TUESDAY 6:30pm - 8:30pm  Last load in washer 7:30pm

Stanwood - Viking Laundry 8812 Viking Way

THURSDAY 6:00pm - 8:00pm  Last load in washer 6:15pm

- Offered as long as the laundromat is open and we have healthy volunteers
- Free laundry offered to those in poverty, homelessness and/or impacted by Covid-19
- Laundry supplies provided
- Please do not come to the laundromat if sick
- Keep 6 feet distance from others, no more than 10 people inside at a time
- There will be no congregating inside the laundromat
- Sack meal provided

Sharing hope through relationships.
NSCO PO Box 3339 Arlington, WA 98223
https://www.facebook.com/NSCOutreach
https://nscoutreach.org/
Community Laundry Outreach

Limited to one load per person

Marysville Laundry Station
1048 State Ave
WEDNESDAY 6:00pm - 8:00pm   Last load in washer 7:00pm

Marysville Salvation Army
1108 State Ave
WEDNESDAY 4:30pm - 5:30pm   Dinner

- Offered weekly as long as the laundromat is open and we have healthy volunteers
- Free laundry offered to those in poverty, homelessness and/or impacted by Covid-19
- Laundry supplies provided
- Please do not come to the laundromat if sick
- Keep 6 feet distance from others, no more than 10 people inside at a time
- There will be no congregating inside the laundromat

Sharing hope through relationships
NSCO PO Box 3339 Arlington, WA 98223
https://www.facebook.com/NSCOOutreach
www.nscoutreach.org
Rental Assistance
Volunteers of America
Homelessness Prevention
2-1-1 or (800) 223-8145
Homelessness Prevention Program continues serving clients at imminent risk of homelessness remotely. Due to the eviction moratorium, clients don’t have to have any eviction notices to qualify for homelessness prevention/navigation services at this time. Please refer those who lost their income and not able to pay rent or experiencing other housing crisis to 211 to check eligibility and complete the Coordinated Entry assessment.

Landlord Negotiation
Joseph Harter (425) 212-2956 jharter@voaww.org

Tenants Union of Washington State
https://tenantsunion.org/
206-723-0500 Statewide Hotline
Facing Eviction? Get Help!

Most evictions for not paying rent are not allowed right now, but your landlord may still be trying to evict you.

Washington LawHelp now has a mobile-friendly app with a guided questionnaire to help residential tenants at risk of eviction find the information and legal help they need, county-by-county. Nothing to download, just visit our Facing Eviction? Get Help! page to use the app.
HAVE YOU BEEN FINANCIALLY IMPACTED BY COVID-19?

Assistance May Be Available If Your Household:
- Lives in Snohomish County and are unable to pay for life sustaining needs
- Lost a source of income from job loss due to COVID-19
- Has at least one member who has a health condition that puts them at higher risk for serious illness if they contract COVID-19 AND/OR a household member 65 years or older.

Your local Community Resource Center may be able to help with certain household expenses including: utility costs, food, transportation, medical care, and other life sustaining services.

Youth and families with children aged 8-18 may be eligible for assistance from Cocoon House:
Referrals@cocoonhouse.org or call 425-551-9661

Everett, Edmonds, Lynnwood
ChildStrive
425-530-8907
Jazmin.lopezibarra@childstrive.org

Sultan/Sky Valley Resource Center
360-793-2400
Arlington Resource Center
360-322-6988

Everett, Edmonds, Lynnwood
YWCA
425-626-1480 vdorway@ywcaworks.org

Monroe — Take the Next Step
360-794-1022 www.ttns.org

Darrington — North Counties’ Family Services 360-436-0308
alanncfs@gmail.com

CRC of Stanwood-Camano
360-629-5257 x1009 relief@crc-sc.org
EXPERIENCING FINANCIAL IMPACT DUE TO COVID-19?

NEED RENTAL ASSISTANCE?

LET’S CHECK YOUR ELIGIBILITY FOR

Coronavirus Relief Prevention Program

This program serves:

Snohomish County Households who are unable to pay rent to their Landlords And Lost primary source of income due to a job loss related to COVID-19

Qualified households will be able to receive:

- Up to 3 month of rent assistance, including rental arrears
- Relocation to another unit if the current one is no longer affordable

And
The Household has a member who is 65 or older Or The Household has a member who has underlying medical condition

Please call 211 to complete the eligibility screening

- No requirement for Coordinated Entry/Homeless Management Information System
- No income limits for participants

Funds made available through Snohomish County with Federal CARES Act Funding
IMPACTO FINANCIERO DEBIDO AL COVID-19?
¿NECESITA ASISTENCIA DE ALQUILER?
VAMOS A COMPROBAR SU ELEGIBILIDAD PARA
Programa de Prevención de Alivio del Coronavirus

Este programa sirve:

Snohomish County Hogares que no pueden pagar el alquiler a sus propietarios
Y
Pérdida de la fuente primaria de ingresos debido a una pérdida de empleo relacionada con COVID-19
Y
El Hogar tiene un miembro que tiene 65 años o más
O
El Hogar tiene un miembro que tiene una condición médica subyacente

Los hogares calificados podrán recibir:
• Hasta 3 meses de asistencia en el alquiler, incluidos los atrasos en el alquiler
• Reubicación a otra unidad si la actual ya no es asequible

100+ Years of Service
Volunteers of America
Western Washington

Llame al 211 para completar el examen de elegibilidad

Fondos disponibles a través del Condado de Snohomish con Fondos de la Ley Federal CARES
Trouble Paying Your Mortgage

Housing and Urban Development (HUD)
https://www.hud.gov/states/washington/homeownership/buyingprgms

Washington Homeownership Hotline
1.877.894.HOME

Washington State Department of Financial Institutions (DFI)
https://dfi.wa.gov/homeownership
(877) 746-4334

COVID-19 Mortgage Assistance for Washington Residents
https://dfi.wa.gov/homeownership/covid-19-mortgage-assistance-washington-residents
COVID-19 Guidance to Mortgage Servicers
Foreclosure Mediation Program
https://dfi.wa.gov/homeownership/washington-foreclosure-mediation-program

Food Security

For a current list of Snohomish County food banks including COVID 19 operating procedures, please see Attachment I.

For supplemental meals in the City of Everett, please see Attachment II.

Amazon now accepting EBT/SNAP Benefits
https://www.amazon.com/b?node=19097785011&ref_=omps_surl&tag=googhydr-20&hvadid=344008677029&hvpos=&hvnetw=g&hvrand=7282846245977291436&hvptwo=&hvpone=&hvptwo=&hvqmt=b&hdev=c&hvdcmid=&hlocint=&hllocphy=9033317&hvtargid=kwd-31710078596&ref=pd_sl_5q12wfs5y7_b

WIC
www.parenthelp123.org
1-800-322-2588
WIC clinics in Snohomish County are providing services and issue benefits over the phone, rather than in-person. For families who may be interested in applying for WIC, they can search for the nearest clinic using or calling the Help Me Grow WA Hotline at.

WA Food Fund
https://philanthropynw.org/wa-food-fund
As communities in Washington continue to fight the COVID-19 pandemic, there are far too many people without enough to eat. WA Food Fund is raising money to keep food banks and pantries stocked, in cities and rural communities across our state.
Utility Assistance

Snohomish County Energy Assistance
https://snohomishcountywa.gov/552/Energy-Assistance
425-388-3880

New Applicants:
Beginning January 5, 2021, the Energy Assistance Program will only accept applications from clients who have PSE as their heating source and those clients with no heat. Please call (425) 388-3880 to leave a message for an application to be sent to you. The phone line is available Monday thru Friday between the hours of 9 am to 4 pm.

Snohomish County PUD
COVID-19 Response
https://www.snopud.com/?p=3793

SNOPUD Energy Assistance
https://www.snopud.com/?p=1188
The PUD offers year-round income qualified rate discounts of 25 or 50 percent off of PUD electric and water bills to customers based on the total household income limits below.

City of Everett Water Service
(425) 257-2111
Catholic Community Services (CCS) administers an, “Everett Water Utilities” program. If people are on Everett Water and get shut off notices, CCS has program that may be able to help. A shut off notice will be required to determine eligibility. Please call for more information.

Puget Sound Energy
Information on PSE COVID-19 response and debt relief programs.
https://www.pse.com/pages/bill-and-weatherization-assistance

Salvation Army
The Salvation Army has limited utility assistance available for customers of Puget Sound Energy, contact suzanne.douff@usw.salvationarmy.org for more information or call (425)259-8129 EXT 235 Monday-Friday 8:30am-4pm.
Health Care

Medical Insurance

Washington Health Plan Finder

Health Insurance for undocumented individuals

How to apply
- Online: Visit Washington Healthplanfinder
- Mobile app: Download the WAPlanfinder app
- Paper: Application for Health Care Coverage (18-001P)
- Phone: 1-855-923-4633

SeaMar
(855) 289-4503
Sign up for health insurance or basic food benefits by phone

Emergency prescription refills

Kaiser Permanente
https://wa-producer.kaiserpermanente.org/oic-emergency-order-covid-19/

COVID-19 Response

Providence
https://www.providence.org/patients-and-visitors/coronavirus-advisory

Multi-Care
https://www.multicare.org/virtualcare/

Skagit Regional Health
https://www.skagitregionalhealth.org/

Community Health Center
https://www.chcsno.org/

Kaiser Permanente

Everett Clinic
https://www.everettclinic.com
Sea Mar Everett
https://www.seamar.org/coronavirus.html

Public Charge Information
DSHS WA Public Charge Information
Update March 17, 2020: The U.S. Citizenship and Immigration Services announced that the agency will NOT consider “testing, treatment, nor preventative care (including vaccines, if a vaccine becomes available) related to COVID-19” in a public charge determination “even if such treatment is provided or paid for by one or more public benefits.”

United We Dream
Healthcare information and resources for undocumented families

Telehealth tips for individuals receiving services
https://www.hca.wa.gov/assets/program/fact-sheets-telehealth-tips-for-individuals-receiving-services.pdf

Mercy Watch
https://mercywatch.org/
We serve and are present to those living on the streets mired in addiction, mental health crisis and poverty, and to work with them for a better future. We do this by providing basic street medical care, emotional and spiritual support, and needed supplies (socks, blankets, sleeping bags, etc.) to homeless men, women and children surviving in the area.

Washington State Department of Licensing
https://www.dol.wa.gov/onlinesvcs.html
The Washington State Department of Licensing is seeing clients in person by appointment only. To schedule an appointment call 360.902.3900 or go online at https://www.dol.wa.gov Renew and manage your vehicles, boats, driver license, and addresses all in one place!

Reentry Database
The Washington State Library Program provides a Wiki on Institutional Reentry with links to resources that is updated regularly.
# Emotional Health Resources

*Updated 1.26.2021*

<table>
<thead>
<tr>
<th>Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Taking Care of your Emotional Health</strong></td>
<td>Taking care of your emotional health during an emergency will help you think clearly and react to the urgent needs to protect yourself and your family.</td>
</tr>
<tr>
<td><strong>Coping With Stress</strong></td>
<td>A useful toolkit from the CDC on how to cope with stress in the midst of the pandemic.</td>
</tr>
<tr>
<td><strong>Peak Resilience: Mental Health Guide</strong></td>
<td>Comprehensive resource guide for mental health.</td>
</tr>
<tr>
<td><strong>Snohomish County Music Project</strong></td>
<td>Providing music therapy services during the COVID-19 pandemic at no cost. <em>(425) 258-1605 OR email <a href="mailto:info@scmusicproject.org">info@scmusicproject.org</a></em></td>
</tr>
<tr>
<td><strong>Washington Recovery Help Line</strong></td>
<td>Can provide emotional support to callers along with the ability to link callers to resources that could help with Mental Health, Substance Use, and Problem Gambling. Monday-Friday 7am-12am, Saturday-Sunday 9am-10pm <em>(866)789-1511</em></td>
</tr>
<tr>
<td><strong>Teen Link</strong></td>
<td>Teen Link is a platform that is accessible via text or phone where teens who are struggling with emotional health can talk and be listened to. <em>(866) 833-6546 Call from 6-10pm Monday through Friday</em></td>
</tr>
<tr>
<td><strong>Emotional Wellness Toolkit</strong></td>
<td>NIH Wellness toolkits highlight evidence-based tips for living well and improving your health.</td>
</tr>
<tr>
<td><strong>Care For Your Coronavirus Anxiety</strong></td>
<td>Toolkits for anxiety and mental health in a global climate of uncertainty.</td>
</tr>
<tr>
<td><strong>CrisisTextLine</strong></td>
<td>Text &quot;NAMI&quot; to 741741 to chat with a trained crisis counselor. When in crisis, this hotline can help de-escalate situations.</td>
</tr>
<tr>
<td><strong>DOH Behavioral Health Impacts Weekly Report</strong></td>
<td>Data to contextualize the pandemic.</td>
</tr>
<tr>
<td><strong>Center for the Study of Traumatic Stress</strong></td>
<td>This toolkit can be helpful when talking with children about the pandemic and its’ effects.</td>
</tr>
<tr>
<td><strong>CDC: Diabetes and Mental Health</strong></td>
<td>Untreated mental health issues can make diabetes worse, and problems with diabetes can make mental health issues worse. But fortunately if one gets better, the other tends to get better, too.</td>
</tr>
<tr>
<td><strong>Helping Children Cope</strong></td>
<td>Children and teens react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children.</td>
</tr>
<tr>
<td>--------------------------</td>
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<tr>
<td><strong>Studying while financially stressed during COVID-19</strong></td>
<td>A good resource for students feeling burnout and anxiety around online school and the COVID-19 pandemic.</td>
</tr>
<tr>
<td><strong>Love is Louder</strong></td>
<td>The #LoveisLouder Action Center was designed to share tips, tools and ideas for actions that can help us take care of our emotional health, and take care of each other.</td>
</tr>
</tbody>
</table>
## Snohomish County Parks Response

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<thead>
<tr>
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<tr>
<td><strong>Cavalero Hill Park</strong></td>
<td><strong>7708 20th St SE</strong>&lt;br&gt;<strong>Lake Stevens, WA 98258</strong></td>
<td>Cavalero Hill Park contains a three-acre off-leash dog area (OLDA), a one-fourth acre shy dog area and a gravel parking lot open for public use. Please bring your own bags to pick up after your dog (grocery bags work fine).</td>
</tr>
<tr>
<td><strong>Centennial Trail</strong></td>
<td><strong>Snohomish to Skagit County</strong>&lt;br&gt;<strong>Snohomish, WA 98290</strong></td>
<td>The Centennial Trail is 30 miles long and is a 10 foot wide trail. A great option for long walks or bike rides.</td>
</tr>
<tr>
<td><strong>Fairfield County Park</strong></td>
<td><strong>15532 Fryelands Blvd.</strong>&lt;br&gt;<strong>SE Monroe, WA 98272</strong></td>
<td>Eight multi-purpose athletic fields are currently located at this 38-acre park located immediately adjacent to the City of Monroe.</td>
</tr>
<tr>
<td><strong>Forsgren Park</strong></td>
<td><strong>23109 Carter Road</strong>&lt;br&gt;<strong>Bothell, WA 98021</strong></td>
<td>This park has two practice soccer fields and two little league baseball diamonds. Additionally, there is plenty of paved parking available.</td>
</tr>
<tr>
<td><strong>Gissberg Twin Lakes</strong></td>
<td><strong>16324 Twin Lake</strong>&lt;br&gt;<strong>Marysville, WA 98223</strong></td>
<td>A good spot for water activities and picnicking to get out of the house, located in the Smokey Point area.</td>
</tr>
<tr>
<td><strong>Kayak Point Regional County Park</strong></td>
<td><strong>15610 Marine Drive</strong>&lt;br&gt;<strong>Stanwood, WA 98292</strong></td>
<td>A spectacular saltwater beach park located along the shores of picturesque Port Susan. From its 3,300 feet shoreline to its evergreen forests, Kayak Point Park offers a rich setting for pier fishing, windsurfing, picnicking, hiking, camping, and boat launching.</td>
</tr>
<tr>
<td><strong>Lake Stevens Community Park</strong></td>
<td><strong>1601 N. Machias Road</strong>&lt;br&gt;<strong>Lake Stevens, WA 98258</strong></td>
<td>Located roughly, 0.5 miles east of the City of Lake Stevens, this park is an outstanding place to enjoy outdoor activities such as jogging or bike riding.</td>
</tr>
<tr>
<td><strong>Logan Park</strong></td>
<td><strong>1411 Logan Road</strong>&lt;br&gt;<strong>Lynnwood, WA 98036</strong></td>
<td>The five-acre park is located at the corner of Logan Road and Locust way, north of the City of Brier in the area generally known as Alderwood. It includes a ballfield and a unique, landscaped playground that was completed in 2018. A paved walking / jogging path surrounds the park.</td>
</tr>
<tr>
<td><strong>Meadowdale Park</strong></td>
<td><strong>6026 156th SW</strong>&lt;br&gt;<strong>Edmonds, WA 98026</strong></td>
<td>A circuit course is available at Meadowdale park. Currently, there are only a few pieces, but offers a good option for physical activity. The course is located on the trail going down the gulch, which is a good workout, in and of itself.</td>
</tr>
<tr>
<td><strong>Meadowood Park</strong></td>
<td><strong>14232 21st Ave NE</strong>&lt;br&gt;<strong>Stanwood, WA 98292</strong></td>
<td>A 2.2 acre property northeast of Marysville that is perfect for scenic walks and light exercise.</td>
</tr>
<tr>
<td><strong>Willis D. Tucker Community Park</strong></td>
<td><strong>6705 Puget Park Drive</strong>&lt;br&gt;<strong>Snohomish, WA 98296</strong></td>
<td>Willis Tucker Community Park is a gently-sloped, forested 84-acre site immediately adjacent to the residential communities of Silver Firs and Snohomish Cascade, three miles east of Mill Creek.</td>
</tr>
</tbody>
</table>
Connectivity

See Attachment III for a complete list of internet and phone providers during COVID 19.

Lifeline  Cell Phones
https://www.freegovernmentcellphones.net/states/washington-government-cell-phone-providers

Community Health Plan of Washington
https://www.chpw.org/for-members/member-center/featured

Individuals enrolled with Medicaid can access a free cell phone. Here is the link to CHPW’s Member Center Page regarding the Free Cell Phone program.

DSHS Cell Minute Replenishment
(877) 501-2233
Cell phone minutes can now be issued by the DSHS call center agents via mailing the minute voucher to the customer. Anyone needing access should call our contact center at to verify their service is through covered providers.

Additional Cell Phone Minutes
For those with working LifeLine cell phones, you may be eligible for additional monthly minutes during this time of social distancing. You must have the phone, in working order. To receive your additional minutes, contact:

Assurance Wireless
https://www.assurancewireless.com/
888-321-5880
COVID-19 additional benefit: Unlimited domestic calling & texting plus an extra 6GB data free through 5/20/2020.

Safelink
800-723-3546
Online: safelinkwireless.com

Internet Service
Comcast is offering new Internet Essentials customers 2 free months of internet service to help connect low-income families to the internet during this time. After the two free months, you can cancel the service, or continue and make payments. https://www.internetessentials.com/covid19?fbclid=IwAR2NN4E1hhkWQITf9HpXgDjawBzsIWebTHaFCpJxup5XY_05_IhuDSeDHil
Wifi Hotspots Location Finder
In response to the impacts of COVID-19, Drive-In WiFi Hotspots provide free temporary, emergency internet access for Washingtonians who do not have broadband service to their homes.

Face Masks
Guidance on cloth face coverings (pdf) from the Washington State Department of Health
Learn how to make a homemade mask (pdf) from the Department of Labor and Industries
How to make a face mask from an old t-shirt from the Surgeon General
CDC guidelines around homemade cloth face coverings
Overview of COVID-19 Statewide Face Covering Requirements

Caring for Cloth Face Covers
SAFE WASHING AND STORAGE

AFTER RECEIVING YOUR CLOTH FACE COVERS:
Place directly in washing machine. Immediately dispose of plastic baggie and wash your hands.

1. WASH AND DRY ON HIGH HEAT BEFORE
FIRST USE AND AFTER EVERY DAILY USE
2. WASH YOUR HANDS AFTER HANDLING
YOUR USED/WORN FACE COVERS
3. IF NEEDED, IRON FACE COVERS
TO HELP THEM KEEP THEIR SHAPE
4. STORE IN A CLEAN, DRY PLACE.
PLASTIC BAGGIES WORK GREAT!
5. THROW AWAY FACE COVERS
THAT ARE SHOWING SIGNS OF WEAR

Undocumented Families and Individuals
https://www.waisn.org/  1-844-724-3737
A hotline and website to help connect undocumented people with resources.
Washington State Healthcare Authority has resources for noncitizens.
COVID-19 Relief Fund for WA Undocumented Folks
https://docs.google.com/forms/d/e/1FAIpQLSeBKrXPUnhTPdzGkaZ6c5uCVho_HfG6eMQAyw_s_U6ialjMg/viewform
Pro-Social/Sober Support

<table>
<thead>
<tr>
<th>Name:</th>
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</thead>
<tbody>
<tr>
<td>Alcoholics Anonymous</td>
<td>Our purpose is to carry the message of recovery to the alcoholic who still suffers. Meetings are audio only, no video because participants log on from all over the world.</td>
</tr>
<tr>
<td>Narcotics Anonymous</td>
<td>Bringing Narcotics Anonymous Meetings to Remote or Isolated Addicts from around the world who may, for whatever reason, be unable to attend local face to face meetings.</td>
</tr>
<tr>
<td>Unity Recovery</td>
<td>To provide inclusive community-based recovery support services and education for all individuals in or seeking recovery.</td>
</tr>
<tr>
<td>Suboxone Forum</td>
<td>SuboxForum provides buprenorphine and Suboxone information, and is a place for addicts and those who love them to discuss opioid, pain pill, heroin, and other addictions.</td>
</tr>
<tr>
<td>Support Groups Central</td>
<td>Peer support has become recognized by experts as a high-impact and cost-effective path for improving our quality of life, delivering favorable health care outcomes and reducing healthcare costs.</td>
</tr>
<tr>
<td>LifeRing Secular Recovery</td>
<td>LifeRing Secular Recovery is an organization of people who share practical experiences and sobriety support.</td>
</tr>
<tr>
<td>SOS</td>
<td>Secular Organizations for Sobriety (SOS) is a nonprofit network of autonomous, non-professional local groups, dedicated solely to helping individuals achieve and maintain sobriety/abstinence from alcohol and drug addiction, food addiction and more.</td>
</tr>
<tr>
<td>In The Rooms</td>
<td>Ken Pomerance and Ron Tannebaum started In The Rooms (ITR) with a simple goal in mind: to give recovering addicts a place to meet and socialize when they’re not in face-to-face meetings.</td>
</tr>
<tr>
<td>Medication Assisted Recovery (MARA)</td>
<td>“Medication-Assisted Recovery Anonymous is a support group of people who believe in the value of medication as a means to recovery.</td>
</tr>
</tbody>
</table>

Online Support Groups

RelationalCenter.org
https://www.relationalcenter.org/onlinesupport/
To create an additional space for continued connection during these times of increased isolation we will be offering online video chat support groups starting Monday (3/16). These groups are free and open to the public. You are welcome to join us and invite your friends and family as well.

Connections App
https://www.addictionpolicy.org/connections-app
To help support individuals in recovery from substance use disorder, Addiction Policy Forum has partnered with CHESS Health to launch Connections, a free smartphone app that is scientifically proven to support patients in recovery by reducing relapse and promoting prosocial engagement.
Transportation

Everett Transit
http://everetttransit.org/

Community Transit
https://www.communitytransit.org/

Sound Transit
https://www.soundtransit.org/

Skagit Transit

Island Transit
https://www.islandtransit.org/

Federal Student Aid

Federal Student Aid
https://studentaid.gov/announcements-events/coronavirus

You may be able to temporarily stop making your payments. To provide relief to student loan borrowers during the COVID-19 national emergency, federal student loan borrowers can be placed in an administrative forbearance, which allows you to temporarily stop making your monthly loan payment. Read the borrower Q&As below to learn more, and contact your loan servicer to find out your specific options.

Multi-Lingual Information

Fact Sheets/Posters in different languages
https://www.snohd.org/501/Posters-for-Download

Multi-lingual Assistance with Unemployment Claims and Other Needs:
Call 425-977-6404 or email according to the links below;
1/ vpolovina@everettcc.edu (Bosnian)
2/ vkuno@everettcc.edu (Vietnamese)
3/ ccarbajah@everettcc.edu (Spanish)
4/ ichop@everettcc.edu (Russian)
5/ thibell@everettcc.edu (Vietnamese)
6/ dayouni@everettcc.edu (Arabic/French)
7/ arahman@everettcc.edu (Farsi, Pasto)
8/ taphkas@esd.wa.gov (chuukese)
Spanish Speaking Blog
https://medium.com/bienestarwa
The Department of Health recently launched a Spanish language blog. Please share widely with your community, organizations, friends, and neighbors.

Education

Everett Community College
https://www.everettcc.edu/enrollment/hs-programs/events

This resource lists education companies offering free subscriptions due to school closures:
https://www.azfamily.com/news/continuing_coverage/coronavirus_coverage/online-learning-resources-for-parents-who-are-now-homeschooling-their/article_26b0abb8-6e3d-11ea-a9e3-1fdaf4e0b91.html

The Office of Superintendent of Public Instruction (OSPI) published new guidance on student learning and grading throughout the remainder of the COVID-19 school facility closure.

Sno-Isle Libraries are closed.
https://www.sno-isle.org/
Any holds on checked out materials will be renewed
Libraries are expanding online access

Virtual Museum Tours/Coloring Books
https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR37YRRl_UJAYKFDTxMc0ceyIRinNHlx8jn7hO9ap7tPzRgjT762ZBzc7uQ0
http://library.nyam.org/colorourcollections/

List of ideas for being home with kids
https://docs.google.com/document/u/0/d/1o6kEgCKLn3cyIm2hehhhSTIk7yRTd0C3zx49JS4wwCl/mobilebasic

Pet Services

:::NEW:::Beck’s Place
https://www.becksplace.org/
Beck’s Place changes the way families are served. From our Foster Boarding Program to Paw It Forward we are taking care of both people and pets.
Pregnancy and Parenting Support
Prepares For Life
https://preparesforlife.org/how-we-can-help/

Why Are we all stuck inside?
https://www.whyareweallstuckinside.com/
A toolkit to help explain to youth information about the coronavirus pandemic and societies’ reactions to it.

Childcare
School Districts are partnering with organizations to offer childcare for first responders and health care workers. See school your local school district website for information for your area.

<table>
<thead>
<tr>
<th>School District</th>
<th>Website</th>
</tr>
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<tbody>
<tr>
<td>Arlington</td>
<td><a href="https://www.asd.wednet.edu/">https://www.asd.wednet.edu/</a></td>
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<td>Darrington School District</td>
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<td>Everett Public Schools</td>
<td><a href="https://www.everettsd.org/Page/31175">https://www.everettsd.org/Page/31175</a></td>
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<td>Granite Falls School District</td>
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<tr>
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YMCA of Snohomish County
https://ymca-snoco.org/covid

Boys & Girls Clubs of Snohomish County
https://bgcsc.org/

Parent Help Search Engine
https://www.parenthelp123.org/
Connecting parents with food, health and child care information

ChildCare Aware of Washington
https://info.childcareaware.org/coronavirus-updates
https://childcareawarewa.org/families/#whotocall
LET US SUPPORT YOU!

Are you having a hard time meeting basic needs? Paying bills, utilities, food, transportation, medication, etc.?

Do you meet these qualifications?

- Had a decrease in income during COVID-19
- Have a youth/child between 8-18 years old
- Finances are causing extra stress in your family
- Looking for support services and resources

If your family needs help, please contact us immediately and check if you qualify for our assistance.

Ways to get connected:
Email: Referrals@cocoonhouse.org
Call: 425-551-9661

This funding is available until September 30, 2021 or until funds are exhausted, whichever occurs first.

These services and funds are provided by the CARES Act Coronavirus Relief Fund and supported by Snohomish County.
School District Meal Distribution

Snohomish County School District meal distribution List

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IRS Stimulus Checks/Economic Covid 19 Impact Payments

Stimulus Bill (December 2020)

A second stimulus bill has been signed as of December 27th and incorporates several key policies to provide relief to those impacted by Covid-19. The relief bill includes proposals that would extend a nationwide moratorium on evictions until January 31st, increase benefits through the program formerly known as SNAP by 15% for six months, and providing $600 Economic Impact Payments to qualified individuals.

Economic Impact Payments (Stimulus Checks Information)

Registration for Economic Impact Payments for those who don’t normally file a tax return.

34
Check the status of your Stimulus Check.  

Bank Accounts for stimulus payment direct deposit  
It’s not too late for those who have never given their account information to the IRS. And it’s not too late for those who are unbanked to open a bank or credit union account and get stimulus payments faster, more safely, and for free -- directly deposited into their account!

Step 1: Get your bank or credit union account number. If you don’t already have one, open a safe and affordable certified Bank On account online.

Step 2: Visit the IRS’ website page on Economic Impact (stimulus) payments and sign up with your account number (starting today for those who did not file a tax return in 2018 or 2019, and next week for everyone else).

Special alert for benefit recipients who don’t file a tax return and have dependents  
SSA, RRB recipients with eligible children need to act by Wednesday to quickly add money to their automatic Economic Impact Payment.

The Internal Revenue Service today issued a special alert for several groups of federal benefit recipients to act by this Wednesday, April 22, if they didn’t file a tax return in 2018 or 2019 and have dependents so they can quickly receive the full amount of their Economic Impact Payment.

Tax Filing Assistance  
My Free Taxes – H&R Block  
https://www.myfreetaxes.com/

Tax Filing and Banking Assistance  
https://www.everyoneiswelcome.org/bank-on/
# Attachment I
## Snohomish County Food Banks

<table>
<thead>
<tr>
<th>Food Bank</th>
<th>COVID 19 Procedures/Adjustments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arlington Food Bank</td>
<td>No Changes</td>
</tr>
<tr>
<td>19118 63rd Ave Ne, Arlington, WA 98223</td>
<td></td>
</tr>
<tr>
<td>(360) 435-1631</td>
<td></td>
</tr>
<tr>
<td>Monday &amp; Friday 11:30-1pm, Wednesday 5:30-7pm</td>
<td></td>
</tr>
<tr>
<td>Bethel Baptist Church</td>
<td>Call for appointment</td>
</tr>
<tr>
<td>2625 Hoyt Ave, Everett</td>
<td></td>
</tr>
<tr>
<td>(425) 252-0249</td>
<td></td>
</tr>
<tr>
<td>Concern for Neighbors</td>
<td>Customers to remain in car, volunteers will bring food to car.</td>
</tr>
<tr>
<td>4700 228th St SW, Mountlake Terrace, WA 98043</td>
<td></td>
</tr>
<tr>
<td>(425) 778-7227</td>
<td></td>
</tr>
<tr>
<td>Every Tuesday 9:30-11:30am</td>
<td></td>
</tr>
<tr>
<td>Crossview Church</td>
<td></td>
</tr>
<tr>
<td>604 Ave C East Snohomish, WA 98290</td>
<td></td>
</tr>
<tr>
<td>360-568-5886</td>
<td></td>
</tr>
<tr>
<td>Every Monday 10:30am- 11:00</td>
<td></td>
</tr>
<tr>
<td>Edmonds Food Bank/ Edmonds Senior Food Bank</td>
<td></td>
</tr>
<tr>
<td>828 Caspers Street Edmonds, WA 98020</td>
<td></td>
</tr>
<tr>
<td>425.778.2119</td>
<td></td>
</tr>
<tr>
<td>Follows Edmonds School District</td>
<td></td>
</tr>
<tr>
<td>Open/Closed policy.</td>
<td></td>
</tr>
<tr>
<td>Monday 4-5:30pm &amp; Tuesday 9:30</td>
<td></td>
</tr>
<tr>
<td>Edmonds Westgate Chapel Food Bank</td>
<td></td>
</tr>
<tr>
<td>22901 Edmonds Way Edmonds, WA 98020</td>
<td></td>
</tr>
<tr>
<td>Thursday 11:00am – 2:00pm</td>
<td></td>
</tr>
<tr>
<td>Emergency Bag Monday – Thursday</td>
<td></td>
</tr>
<tr>
<td>9:00am – 5:00pm</td>
<td></td>
</tr>
<tr>
<td>Everett United Church of Christ</td>
<td>CLOSED UNTIL FURTHER NOTICE</td>
</tr>
<tr>
<td>2624 Rockefeller, Everett</td>
<td></td>
</tr>
<tr>
<td>(425) 252-7224</td>
<td></td>
</tr>
<tr>
<td>Last two Mondays of the month from</td>
<td></td>
</tr>
<tr>
<td>9:30am-12:30 pm</td>
<td></td>
</tr>
<tr>
<td>The Father’s House/Granite Falls Food Bank</td>
<td></td>
</tr>
<tr>
<td>402 S Granite Ave. Granite Falls, WA 98252</td>
<td></td>
</tr>
<tr>
<td>360.691.5290</td>
<td></td>
</tr>
<tr>
<td>1st and 3rd Fridays of each month from</td>
<td></td>
</tr>
<tr>
<td>4:30pm-6:30pm</td>
<td></td>
</tr>
<tr>
<td>Foothills Four Square Church</td>
<td>Admitting a limited number of households at a time, stay in car until you are called inside.</td>
</tr>
<tr>
<td>Location</td>
<td>Details</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>17310 W Main St</strong></td>
<td>Monroe, WA 98272</td>
</tr>
</tbody>
</table>
| **Hand in Hand**                              | 9502 19th Ave SE, STE F, Everett  
(425) 374-2461  
Mon – Fri 9:00-11:00 & 1:00-3:00  
Call upon arrival, staff will come out to assist. |
| **Lake Stevens Food Bank**                   | 2111 117th Ave NE, Lake Stevens, WA 98258  
(425) 334-3430  
Thursday 1:30-6pm  
Customers to remain in car, volunteers will bring food to car. |
| **Lynnwood Food Bank**                        | 5320 176th St SW, Lynnwood, WA 98037  
(425) 745-1635  
Wednesdays 11:00-5:00 & Friday 10:00-1:00  
Customers to remain in car, volunteers will bring food to car. |
| **Maltby Food Bank**                          | 21104 86th Ave SE, Snohomish, WA 98296  
(360) 668-7900  
Thursday 2:15-4:45pm  
Only one allowed inside from each family, others wait in the car. Specific directions for food bank use here: [https://www.maltbyfoodbank.org/march-12-2020-food-policies-and-procedures-for-the-maltby-food-bank/](https://www.maltbyfoodbank.org/march-12-2020-food-policies-and-procedures-for-the-maltby-food-bank/) |
| **Marysville Food Bank**                      | 4150 88th St NE, Marysville, WA 98270  
360-658-1054  
Monday & Friday 9-11am  
Tuesday 3-6pm  
Customers to remain in car, volunteers will bring food to car. |
| **Salvation Army Family**                     | 2525 Rucker Ave, Everett WA 98201  
(425) 259-8129  
Monday through Friday 10am-4pm.  
Closed for lunch from 1pm-1:30pm.  
Customers to remain in car, volunteers will bring food to car. |
| **Sky Valley**                                | 233 Sky River Parkway, Monroe, WA 98272  
Phone: (360) 794-7959  
Wednesdays from 2-5pm.  
Customers to remain in car, volunteers will bring food to car. |
| **Sky Valley Mobile Food Bank**               | Index Community Church  
622 Index Ave, Index, WA 98256  
Monday afternoons from 12:00 to 12:30  
Site closed. Delivering emergency food boxes only. Call to request. |
| **Snohomish County Food Bank**                | 3710 W Main St  
Monroe, WA 98272  
(360) 794-9849  
Every Saturday at 10am  
Upon arrival clients fill out an order form and then volunteers deliver the food to the clients’ car. |
<table>
<thead>
<tr>
<th>Organization</th>
<th>Address 1</th>
<th>Address 2</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1330 Ferguson Park Road</strong></td>
<td>1330 Ferguson Park Road</td>
<td>Snohomish, WA 98290</td>
<td>Tuesdays 3:00 pm – 6:00 pm, Fridays 10:00 am – 1:00 pm. Provide ID and a utility or other bill with your address at time of service.</td>
</tr>
<tr>
<td><strong>Sultan Food Bank</strong></td>
<td>617 1st Street, Sultan, WA 98294</td>
<td>(360) 793-2400</td>
<td>Thursdays 5:00 pm – 7:00 pm, Fridays 9:30 am – 12:00 pm. Drive up model, when parked clients fill out a request form and volunteers deliver the food to the clients’ car.</td>
</tr>
<tr>
<td><strong>VOAWW Everett Food Bank</strong></td>
<td>1230 Broadway, Everett, WA 98201</td>
<td>Monday 10-1 (Seniors 55+/Disabled)</td>
<td>Tues 3-6, Wed 10-1, Thurs 10-1. Customers to remain in car, volunteers will bring food to car.</td>
</tr>
<tr>
<td><strong>The Village (VOA)</strong></td>
<td>14 E. Casino Road, Everett</td>
<td>Tues 10-1</td>
<td>Customers to remain in car, volunteers will bring food to car.</td>
</tr>
<tr>
<td><strong>Seeking donations as much as possible. With the increased demand on grocery stores, our grocery pickups have declined drastically. Looking for other staples like rice, pasta, canned goods and bread during this time.</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Attachment II – Everett Free Meals List

#### EVERETT FREE MEALS

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
<td>Everett Gospel Mission, Noon &amp; 4:30pm</td>
</tr>
<tr>
<td>Cocoon House, 10am-1pm Youth</td>
<td>Cocoon House, 4:30pm Youth</td>
<td>Cocoon House, 4:30pm Youth</td>
<td>Cocoon House, 4:30pm Youth</td>
<td>Cocoon House, 4:30pm Youth</td>
<td>Cocoon House, 4:30pm Youth</td>
<td>Cocoon House, 10am-1pm Youth</td>
</tr>
<tr>
<td>Central Lutheran Church, 4pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carl Gipson Senior Center 11-11:30am</td>
<td>Carl Gipson Senior Center 11-11:30am</td>
<td>Carl Gipson Senior Center 11-11:30am</td>
<td>Carl Gipson Senior Center 11-11:30am</td>
<td>Carl Gipson Senior Center 11-11:30am</td>
<td>Carl Gipson Senior Center 11-11:30am</td>
<td>Carl Gipson Senior Center 11-11:30am</td>
</tr>
<tr>
<td>Seniors</td>
<td>Seniors</td>
<td>Seniors</td>
<td>Seniors</td>
<td>Seniors</td>
<td>Seniors</td>
<td>Seniors</td>
</tr>
<tr>
<td>Everett First Church of the Nazarene, Noon</td>
<td>Vision Church, 11am-2pm</td>
<td>First Presbyterian Church, 4:30pm</td>
<td>Vision Church, 11am-2pm</td>
<td>First Presbyterian Church, 5pm</td>
<td>Vision Church, 5pm</td>
<td>First Baptist Church, 5pm</td>
</tr>
<tr>
<td>Faith Lutheran Church, 4:30pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Carl Gipson Senior Center (SENIOR 60+)**
3025 Lombard Ave

**Everett First Church of the Nazarene**
2502 Lombard Ave

**First Baptist Church**
1616 Pacific Ave

**Central Lutheran Church**
2702 Rockefeller Ave

**Everett Gospel Mission**
3711 Smith Ave

**First Presbyterian Church**
2936 Rockefeller Ave

**Cocoon House (YOUTH Ages 13 to 24)**
3530 Colby Ave

**Everett United Church of Christ**
2624 Rockefeller Ave

**The Lord’s Little Cooker**
32nd St. & Wetmore Ave

**Esther’s Place (WOMEN & CHILDREN)**
2936 Rockefeller Ave

**Faith Lutheran Church**
5708 Cady Road

**Vision Church**
1917 California Ave

---

**NOTE:** ALL PROGRAMS SERVE MEALS TO GO IN RESPONSE TO COVID-19 VIRUS

**UPDATED 1/15/2021**
# ATTACHMENT III

## Internet and Phone plans during COVID-19

The following resources are in alpha-order. Hyperlinks to source statements are provided for easy updates.

(* items are Lifeline discounted or not specifically Lifeline

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Federal Communications Commission

- Agency Waives Lifeline Program De-Enrollment Requirements Until May 29. PDF found here.

Access Wireless

- No information at this time.

Assurance Wireless / Solix

- Unlimited Domestic Calling & Texting plus an extra 6GB* Data through 5/20/2020.
  - Extra data is one lump amount and does not increase monthly data allotment.

*AT&T

Follow their Relief Measures or COVID-19 Newsroom. The below is effective: April 2 through May 13, 2020.

- AT&T signed on to FCC Chairman Ajit Pai’s Keep Americans Connected Pledge, in which companies pledge:
  - Not to terminate service to any residential or small business customers because of their inability to pay their bills due to disruptions caused by the coronavirus pandemic;
  - Waive any late fees that any residential or small business customers incur because of their economic circumstances related to the coronavirus pandemic; and
  - Open its Wi-Fi hotspots to any American who needs them.

- Unlimited AT&T Home Internet – All AT&T consumer home internet wireline customers, as well as Fixed Wireless Internet, can use unlimited internet data. Additionally, we’ll continue to offer internet access for qualifying limited income households at $10 a month through our Access from AT&T program.

- Helping You Work and Learn Remotely – Businesses, universities and schools can keep their teams and classrooms connected through conference calls and video conferencing with Cisco Webex Meetings with AT&T for 90-days, and seamlessly forward calls to both mobile and landline phones with AT&T IP Flexible Reach.

- Distance Learning – AT&T is underwriting expenses for a “one-stop” resource center to support eLearning Days from the State Educational Technology Directors Association (SETDA) available to all educators in schools to help them handle school closures and the increase in virtual learning due to COVID-19.

- More mobile hotspot data – We are automatically increasing mobile hotspot data by 15GB a month for each line on an unlimited plan that currently includes a monthly tethering allotment. That means if you’re on AT&T Unlimited Elite you’ll automatically get 45GB a month of tethering per line. Click here to see how to setup your mobile hotspot.

- What you want online, even easier – When you purchase or upgrade your device online, we’ll give you free express shipping, as well as waive or credit the activation, upgrade and restocking
fees. We’re also giving wireless customers 20% off accessories when you order through att.com/accessories.

- **Curb-side pick-up** – When your order is ready, we will deliver it to your car. Existing customers can get curb-side pick-up for online orders at an open AT&T store.

- **Door-step delivery with virtual setup** – In select markets, AT&T Ready to Go will continue to bring the retail experience to you. Consumer and small business customers can get fast door-step delivery with no-contact virtual expert setup with eligible device orders.

**Budget Mobile**

- As of April 2017, Budget Mobile no longer provides Lifeline services.

**CenturyLink**

*All information is accurate through May 12, 2020.*

- **CenturyLink signed onto the FCC’s new “Keep Americans Connected” pledge** - in which companies pledge:
  - **Not to terminate service to any residential or small business customers** because of their inability to pay their bills due to disruptions caused by the coronavirus pandemic;
  - **Waive any late fees that any residential or small business customers** incur because of their economic circumstances related to the coronavirus pandemic; and
  - **Open its Wi-Fi hotspots to any American who needs them.**

- **Waive all data caps.** As part of our pledge to keep Americans connected, we’ve temporarily suspended all data usage limitations for residential and small business customers. There is nothing you need to do. We’re here to keep you connected.

**Comcast / Xfinity**

- **Xfinity WiFi Free For Everyone:** Xfinity WiFi hotspots across the country will be available to anyone who needs them for free – including non-Xfinity Internet subscribers. For a map of Xfinity WiFi hotspots, visit www.xfinity.com/wifi. Once at a hotspot, consumers should select the “xfinitywifi” network name in the list of available hotspots, and then launch a browser.

- **Pausing Our Data Plan:** With so many people working and educating from home, we want our customers to access the internet without thinking about data plans. While the vast majority of our customers do not come close to using 1TB of data in a month, we are pausing our data plans for 60 days giving all customers Unlimited data for no additional charge.

- **No Disconnects or Late Fees:** We will not disconnect a customer’s internet service or assess late fees if they contact us and let us know that they can’t pay their bills during this period. Our care teams will be available to offer flexible payment options and can help find other solutions.

- **Internet Essentials Free to New Customers:** As announced yesterday, it’s even easier for low-income families who live in a Comcast service area to sign-up for Internet Essentials, the nation’s largest and most comprehensive broadband adoption program. New customers will receive 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for $9.95/month. Additionally, for all new and existing Internet
Essentials customers, the speed of the program’s Internet service was increased to 25 Mbps downstream and 3 Mbps upstream. That increase will go into effect for no additional fee and it will become the new base speed for the program going forward.

- **News, Information and Educational Content on X1 and Flex**: For those with school-age students at home, we’ve created new educational collections for all grade levels in partnership with Common Sense Media. Just say “education” into your X1 or Flex voice remote. To help keep customers informed, we also have created a collection of the most current news and information on Coronavirus. Just say “Coronavirus” into your X1 or Flex voice remote.

- **24x7 Network Monitoring**: Underpinning all of these efforts, Comcast’s technology and engineering teams will continue to work tirelessly to support our network operations. We engineer our network capacity to handle spikes and shifts in usage patterns, and continuously test, monitor and enhance our systems and network to ensure they are ready to support customer usage. Our engineers and technicians staff our network operations centers 24/7 to ensure network performance and reliability. We are monitoring network usage and watching the load on the network both nationally and locally, and to date it is performing well.

*Cricket Wireless*

- **New, limited time phone plan** – The new $15 plan comes with 2GB of data, unlimited talk and text, and will be available for a limited time. The plan is available to new and existing customers with no activation fee.

- **Adding data to capped and unlimited phone plans for a limited time.**
  - Automatically adding 10GB of data to capped plans for new and existing customers. That means if you’re on the $30/2GB plan or the $40/5GB plan, you’ll get an additional 10GB of data for mobile hotspot or smartphone use for two bill cycles. After two bill cycles, you will no longer receive the additional data.
  - Automatically adding 10GB of data to unlimited plans for new and existing customers. That means if you’re on the $55 unlimited plan without mobile hotspot, you will receive 10GB of data for hotspot use. If you’re on the $60 unlimited plan with 15GB of mobile hotspot, you’ll get an additional 10GB of data for mobile hotspot use. Both plans will receive the additional data for two bill cycles. After two bill cycles, you will no longer receive the additional data.

- **Fees Waived for Customers Financially Affected by COVID-19** – Cricket is committed to keeping our customers connected to family, friends, and the latest information. To help customers affected financially by the COVID-19 pandemic, we are now waiving processing fees for IVR payments and service reactivation. Customers can pay their bill by phone through Cricket’s Interactive Voice Response (IVR) system. Starting today, we are automatically waiving reactivation fees for customers.

**enTouch Wireless / Boomerang Wireless / Total Call Mobile**

- enTouch is powered by Boomerang Wireless. All Total Call Mobile customers were directed to enTouch.
Family Mobile (WalMart)

- No information at this time.

i-Wireless (Kroger)

- No information at this time.

*Inland Cellular

- **Our retail locations are open.** We are operating with limited capacity and hours to serve you. Every store is disinfected at regular intervals and as an added precaution our staff are no longer touching devices, we will be happy to assist you verbally.
- **Our customer support team is working from home.** While you might hear life happening in the background when you call us, you can expect the same great level of service.
- **We will happily make accommodations to keep you safe.** Our employees are on standby for you. We are only a phone call, email, website chat or text message away. See the options for contacting us here.
- **We are encouraging customers to use online billing at this time.** Click here for more information on how to utilize our online billing.
- **We are committed to keeping communications active for our customers.** If you are concerned, please call our customer support team at 800-248-8822.

Life Wireless / Telrite

- **Standard plan still applies** – 1000 minutes per month, unlimited text and MMS, plus 1GB of data free/month.
- No new information at this time.
  - Media section of website has not been updated since 2016.

Metro by T-Mobile

- See T-Mobile below
- **Special discount offer** – We are offering a special discount plan with unlimited talk and text plus 2GB of capped high-speed smartphone data for just $15 a month through April 25th to help customers stay connected during these challenging times. Restrictions apply see details here. You can update your plan via the MyMetro app, or MyAccount.

*Seattle Information Technology

- [PDF document](#) shares a map of available sites with public access to Internet.
- See Comcast information above.
- Comcast, Wave, InterConnection, PCs for People, and T-Mobile and Metro by T-Mobile all offer low-cost, high-speed Internet in Seattle, all for around $10 a month.
- Free and Discounted Devices can be found as well:
  - Free City Surplus Computers
  - Affordable Computers
  - Discount Smart Phones
  - Low-Cost Home Internet Access for Residents

**T-Mobile**

Find the latest on the President of Technology, Neville Ray’s, blog.

- T-Mobile signed on to FCC Chairman Ajit Pai’s Keep Americans Connected Pledge, in which companies pledge:
  - Not to terminate service to any residential or small business customers because of their inability to pay their bills due to disruptions caused by the coronavirus pandemic;
  - Waive any late fees that any residential or small business customers incur because of their economic circumstances related to the coronavirus pandemic; and
  - Open its Wi-Fi hotspots to any American who needs them.
- Unlimited smartphone data for the next 60 days – Beginning March 24th, 2020, all current T-Mobile and Metro by T-Mobile customers who have plans with data will have unlimited smartphone data (excluding roaming).
- Additional 20GB of data per month for the next 60 days – Soon T-Mobile will provide T-Mobile and Metro by T-Mobile customers an additional 20GB of mobile hotspot/tethering service for the next 60 days.
- Lifeline partners, extra free data up to 5GB per month for next 60 days – T-Mobile is working with our Lifeline partners to provide customers free extra data up to 5GB of data per month for the next 60 days.
- T-Mobile is also increasing the data allowance, free of charge, to schools and students using our EmpowerED digital learning programs to ensure each participant has access to at least 20GB of data per month for the next 60 days.
- T-Mobile is offering free international calling for all current T-Mobile and Metro by T-Mobile customers to Level 3 impacted countries.

**ToledoTel**

- Increased internet speeds free for the next six weeks – Students in Toledo, WA will receive an increase in Internet speeds, free of charge for six weeks, at their homes.

**TracFone / Safelink**

- Extra 5G of data for March and April 2020.
- Automated fast response system available – text 611611.
- Same reliable, high-quality service.
*U.S. Cellular*

Information is accurate through the end of May 2020.

- **Eliminated overage charges for those of you on legacy plans**, including Shared Connect and other postpaid and prepaid plans with data limits, so you can use the data you need without worrying about your bill.
- **Limited GB plans will no longer be held to throttle thresholds.** To further enhance your experience, if you are currently on a limited 2GB or 6GB plan, your plan will not be throttled to 2G speeds at those thresholds.
- **Extra data provided beyond your plan** will be delivered at speeds that are suitable for standard definition video quality.
- **Extra 15GB hotspot data for Unlimited Every day or Even Better plans.** We’ve proactively, and automatically, provided you an extra 15GB of hotspot data to adjust to any shifting and varying work arrangements.

**YourTell America / TerraCom Wireless**

- No information at this time.

**Q Link Wireless**

- **Free Services** - Starting 3/16/2020 - 4/14/2020, Q Link will be providing all current and new customers with:
  - 5GB of High-Speed Data
  - Unlimited Talk & Text”

**Verizon**

Follow their [Emergency Management page](#) for more relevant information.

- **Verizon signed onto the FCC’s new “Keep Americans Connected” pledge** - in which companies pledge:
  - Not to terminate service to any residential or small business customers because of their inability to pay their bills due to disruptions caused by the coronavirus pandemic;
  - Waive any late fees that any residential or small business customers incur because of their economic circumstances related to the coronavirus pandemic; and
  - Open its Wi-Fi hotspots to any American who needs them.

**WITA-tel**

- No information at this time.