

# SNOHOMISH COUNTY JOB DESCRIPTION

## EARLY CHILDHOOD NUTRITIONIST

Spec No. 2277

### BASIC FUNCTION

Perform nutritional services for children enrolled in the Early Childhood Education and Assistance Program (ECEAP)

### STATEMENT OF ESSENTIAL JOB DUTIES

1. Provides training and technical assistance to support sites in providing nutrition services to children.
2. Trains staff in program sites to complete height and weight screenings and plotting growth grids.
3. Monitors ECEAP sites to assure children are receiving nutrition services.
4. Reviews medical/nutritional documentation including nutrition histories, heights/weights, hematocrits, food allergies, and special diets to identify children 'at-risk' and discuss concerns with site staff.
5. Works with site family support staff to develop nutrition care plans and/or referrals for 'at-risk' children.
6. Reviews site menus to ensure nutritional standards are met.
7. Provides nutrition education and resource for ECEAP staff including cooks, teachers, family support staff and other staff.
8. Provides nutrition education and information for parents and children.
9. Provides staff support to Health Advisory Committee.
10. Orders nutrition resources as needed.

### STATEMENT OF OTHER DUTIES

11. Performs related duties as required.

### MINIMUM QUALIFICATIONS

A Bachelor's degree in Nutrition Science, Public Health, Nutrition, Dietetics, or other related field; AND two (2) years successful, relevant, documented work experience in a community nutrition program serving children and families.

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### SPECIAL REQUIREMENTS

A Registered dietitian credentialed through the Commission on Dietetic Registration (CDR); OR a Washington state certified Nutritionist.

A valid Washington State Driver's License, unrestricted except as to vision, will be required prior to appointment.

### KNOWLEDGE AND ABILITIES

Knowledge of:

- nutrition practices and public health
- principles of health promotion and prevention
- individual and group behavior

Ability to:

- work sensitively with persons of various cultures and backgrounds
- write and speak in a clear and concise manner
- effectively communicate with staff, parents, and children
- develop and coordinate nutrition services for ECEAP children
- facilitate and lead group discussions among community groups about nutrition issues and concerns
- establish and maintain effective working relationships with county staff and representatives from agencies, organizations, and other service providers in the community

### SUPERVISION

Employee independently performs duties assigned by ECEAP Program Manager.

### WORKING CONDITIONS

The work is performed at ECEAP sites. Employees are required to travel to ECEAP sites.

Snohomish County is an Equal Employment Opportunity (EEO) employer.  
Accommodations for individuals with disabilities are provided upon request.

[EEO policy and ADA notice](#)

Class Established: July 2005

Revised: June 2017

EEO Code: 2 - Professionals

Pay Grade: 238 - Classified Pay Plan

Workers Comp: 5306 Non-Hazardous