



North Snohomish County Early Head Start supports children and families from pregnancy to age 3 through a variety of services, including: family based early learning and development, health, and family well-being.

Our program nurtures the parent-child relationship and helps children thrive and develop a lifelong love of learning.

North Snohomish County Early Head Start

Contact us today to find out more about your family's eligibility and the communities we serve.

[https://
snohomishcountywa.gov](https://snohomishcountywa.gov)

EHS@snoco.org

(425) 388-6439

**NSC Early Head Start
serves families in the
Arlington, Marysville,
Granite Falls and Sultan
communities.**



North Snohomish County Early Head Start



FREE
Home based early
learning and
family centered
support for the
earliest years.

EARLY HEAD START IS...



Family Partnership and Well-being

- We provide parent and family services.
- We help families find assistance in challenging times.
- We help families identify and reach their goals, including goals related to housing, employment, education, and parenting.
- We invite parents to share information and insights about their child.
- We invite parents to offer ways to improve children and families' experience in the program.

Early Learning and Development

- We build strong relationships as the foundation of life and early learning.
- We support learning through play, creative expression, and guided activities.
- We support children's social and emotional development.
- We promote early math and science concepts in children's home languages and in English.
- We promote language and literacy development in children's home languages and in English.



Health and Wellness

- We promote healthy nutrition and activities to support physical development.
- We partner with parents and providers for medical, dental, hearing, vision, and behavioral screening.

Early Learning and Development

- We build on children's strengths.
- We individualize experiences to meet the needs of each child.
- We collaborate with parents and community agencies when further assessments are needed.



Mental Health Services

- We help families understand and support their child's needs.
- We can assist with mental health services for children and families, if needed.