Computers and the internet expose children to a whole new wonderful world. Their education, social life, friends and networking capabilities are endless with the incredible amount of information available to them. However, there are dangers when exploring the information highway. There are numerous faceless criminals who lurk behind their computers looking for targets. They may be slow and quiet or flamboyant and loud but all look to exploit innocent victims. Don’t let your children become victims. Take steps to protect your family.

**Rules for Parents**

- Create and post clear, simple, easy-to-read rules on or near the monitor.
- Use safeguarding programs with monitoring or filtering capabilities.
- Child-oriented Web sites may not request personal information without a parent’s permission.
- Explain to children what personal information is and why they should not give it out.
- Teach children that online “friends” are strangers and meeting them requires your supervision.
- Keep the computer in the family room or open area of your home.
- Have children show you their favorite sites and what they can do online.
- Talk with children about what makes them feel scared, uncomfortable, or confused.
- Report suspected online stalking, cyberbullying or sexual exploitation to law enforcement.
- Always read a site’s privacy policy before giving personal information.
- Verify a secure connection before giving credit-card information.

**Rules for Kids**

- Only use the Internet when your parents say it’s OK.
- Use good manners and be polite when e-mailing and chatting.
- Never chat online with people you don’t personally know.
- Never give out personal information like: address, telephone number or school name.
- If you get a strange, mean or upsetting e-mail—don’t answer it! Tell a parent or teacher.
- Never meet Internet “friends.”
- Talk with your parents about the sites you visit.
- Don’t send anyone pictures of you or your family.

**Remember this . . .**

- Education is key to prevention.
- The Internet can be a dangerous place—protect your children.
- Know your child’s Internet “friends.”