

SENIOR CENTERS COMMITTEE MEETING MINUTES

May 11, 2023

ATTENDING

Cory Armstrong-Hoss
Vicky Matin
Shannon Serier
Daniel Johnson
Dawn Steidle
Holly Ivers
Julie Vess
Mary-Anne Grafton
Kristen Rasmussen
Nathan Phillips
Celeste Virago Lowe
Jacob Headland
Jacob McGee
Sharon Burlison

REPRESENTING

Carl Gipson Center, Everett
Cascade Seniors, Darrington
Ctr. For Healthy Living – Homage
Edmonds Waterfront Center
Lake Stevens Senior Center
Lake Stevens Senior Center
Lincoln Hill Community Center, Stanwood
Lynnwood Senior Center
Marysville Community Center
Northshore Senior Center, Bothell
Mill Creek Senior Center
Mukilteo-Rose Hill
Monroe Senior Center
Snohomish Senior Center

Nichole Bascue
Michal Glauner
Lindsey Legaspi
Tyler Verda

Snohomish County
Snohomish County
Snohomish County
Snohomish County

Michele Blythe
Dennis Wheeler
Linda Adams

COA
COA
COA Guest

GUEST SPEAKERS

Daniel Rivera
Amy Dennis

REPRESENTING

Providence
Homage

9:05AM CALL TO ORDER BY DENNIS WHEELER, CHAIR

9:06AM INTRODUCTION OF ATTENDEES AND GUESTS

9:15AM PRESENTATION BY DANIEL RIVERA, CLINICAL LIAISON, PROVIDENCE

Daniel Rivera provided presentation of the Providence ElderPlace Pace Program. They are a resource for older adults and provide all-inclusive care for the elderly. They are a care team of professionals of physicians, social workers, registered dietitians, therapists, and spiritual supporters, who coordinate and address health care needs. They also provide transportation and HME. They accept private pay and Medicaid. Those who qualify

pay zero out of pocket costs. Pace provides participants with in-home and nursing home care. Pace also provides mental health and substance abuse assistance. The Everett Pace facility is available to those meeting the requirements for age (55+) and geographical proximity of 45 minutes from the facility. They must need help with at least two of the activities of daily living (ADL). Pace has 306 facilities in many states throughout the country, 6 in the Puget Sound area and 7 in Washington State. They served 1,100 participants in the Puget Sound Area.

Contact for PACE Referrals 206-320-5325; Contact for Daniel: Daniel.Rivera@providence.org; 206-258-0779

9:35AM PRESENTATION BY AMY DENNIS, KINSHIP CAREGIVERS PROGRAM COORDINATOR, HOMAGE

Amy presented this program available for family members raising relative children. These caregivers may struggle with being parents again. They face financial, emotional, legal, isolation, family dynamics and relationship issues. There are 10,000 foster households and 45,000 kinship households in WA. There are between 8,000 and 10,000 kinship households in Snohomish County. The majority are independent kinship caregivers.

The Caregivers Program at Homage offers financial support, support groups and guidance to qualified kinship caregivers. The financial support might help with basic needs such as, housing, utilities, activities, clothing for the kin child, education, car repairs, groceries, and clothing.

Contact information for Amy Dennis: 425-513-1900; adennis@homage.org

9:55AM PRESENTATION BY TYLER VERDA, HUMAN SERVICES PLANNER, SNOHOMISH COUNTY

Tyler Verda reported on the County's Public Safety Hub that lists resources for people to stay safe during extreme heat or smoky conditions. Tyler wanted to remind us of the Safety Hub as a heat watch is forecasted for this Saturday through Monday. Libraries and Senior Centers have provided cooling centers in the past. He expressed his appreciation for those centers that have provided this shelter. The relief of cooling centers is critical for older adults.

Daniel Johnson asked if it would be a problem if access to the Senior Centers is closed on the weekends. Tyler encouraged those centers to list their available times on their websites and the Public Safety Hub will list the website addresses of the cooling centers. If the senior center wants the days and hours listed on the Hub, this information needs to be sent to Tyler. If any changes need to be made, contact Tyler.

Jake McGee asked about possible HVAC funding. Last year, Tyler reported that they applied for grants for FEMA funding for Senior Center HVAC systems, but they were denied. One potential source may be ARPA funding.

Tyler is asking for more Centers to provide cooling centers. Please contact him if your center wishes to participate this summer.

Contact Information for Tyler Verda: Tyler.Verda@co.snohomish.wa.us

Public Safety Hub: <https://snohomish-county-public-safety-hub-snoco-gis.hub.acgis.com>

10:10AM STAFF UPDATES, MICHAL GLAUNER, CONTRACT & PROGRAM MANAGER

Staff are working on the Senior Farmers Market Nutrition Program (SFMNP). Voucher is worth \$80 towards the purchase of fresh fruits and vegetables. Applicants have already reached about 2,200, which is about the same number of total applicants as last year. Thank you for your help and support in getting the information out to seniors in your communities. Applications will continue to be accepted until June 6.

Reminder that the 1/10th of 1% Sales Tax funding in the Senior Centers contract is chemical dependency funding and it is optional. If you accept it, the requirement is to provide one Opioid education training a contract year, publish Opioid abuse prevention curriculum twice a contract year, and message scheduled trainings and presentation opportunities.

10:15AM APPROVAL OF THE 2.9.2023 MEETING MINUTES

Julie Vess moved that the 2.9.2023 meeting minutes be approved, the motion was seconded by Jacob McGee. The minutes were approved by unanimous vote.

10:20AM REPORTS FROM SENIOR CENTERS

MONROE SENIOR CENTER

A Bazaar is scheduled for this Saturday. The Monroe Garden Club will have plant sale outside. The Monroe Center is a designated Cooling Station.

MILL CREEK SENIOR CENTER

Center is located in the Vintage Apartments, a senior housing two building complex. Celeste reports that there is a new manager of the buildings, and she looks forward to a partnership that will draw residents to the Senior Center. Mary-Anne complimented Celeste on the success of their teas.

LYNNWOOD SENIOR CENTER

Mary-Anne reported that they are at about 75% of pre-COVID numbers of people coming into the center and about 80 to 85 % of those in their programs. Mary-Anne requested that other centers reach out to support Granite Falls. She reported that Gen Pride is opening their Gen Place on Capitol Hill in Seattle and a portion will be a Senior Center.

LINCOLN HILL RETIREMENT COMMUNITY – STANWOOD

Julie announced that she will be leaving Lincoln Hill effective July 21st. Applications are being sought for her replacement. On June 17th, they will be celebrating their 50th Anniversary. Nutrition/Wellness classes are going “gangbusters”. A trip is planned for an Aqua Sox game and the Aqua Sox have made accommodations for their attendees with disabilities. Opioid training will be conducted by a fire department paramedic on the 16th. Snow Goose Transit is a big success in its first year with over 1,400 trips. Forty percent of those trips were for people with special needs.

LAKE STEVENS SENIOR CENTER

They are over capacity for their lunches. Their bus trips are doing well.

CENTER FOR HALTHY LIVING – HOMAGE

Opioid training was held April 27th. Over 140 people attended the Cinco de Mayo party held last Friday to raise awareness for their Hispanic Community. Picnics and trips will be planned for the summer.

CASCADE SENIORS – DARRINGTON

Meals have been so well attended that they have run out of food at times. They serve meals five days per week. They will have a Ladies Appreciation Day this Saturday. Two new cooks have started and they will help a couple of days per month. Their center is all volunteer run. Vicky will reach out to Granite Falls to provide support.

MARYSVILLE COMMUNITY CENTER

The name of their center is Marysville Community Center. They offer senior Pilates, bridge and weekly walks. Coffee shop in open on Monday and speakers once per month. They've received a small grant to do catered lunches once per month. They are looking at quotes to remodel their kitchen to make it a commercial kitchen.

EDMONDS WATERFRONT CENTER

EWC has been outgrowing their space, so they have partnered with the Lake Ballinger Center in Mountlake Terrace to move programs to their facility. Bridge, line dancing, and ball room dancing have been transferred. The community table has been such a success and they've added a second table. Volunteer from the Rotary Club help with greeting and seating.

ROSE HILL - MUKILTEO

Jacob Headland is the new recreation programmer at Rose Hill. They just concluded their opioid training which was well attended. They are planning a trip to an Aqua Sox game. They are working on getting the Senior Association back into the building. They are planning their future programs for the fall.

10:50AM CLOSING REMARKS BY CHAIR

Dennis Wheeler expressed his appreciation for the help, guidance and support of Julie Vess over the past years. Julie will be leaving Lincoln Hill on July 21st. Julie's accomplishments have been an inspiration us all and we wish her continued success.

10:45AM MEETING ADJOURNED

The remaining meetings for 2023 will be held virtually on Thursday, August 10th from 9AM-11AM and Thursday, November 9th from 9AM to 11AM.