



MINUTES FOR SNOHOMISH COUNTY  
**Chemical Dependency/Mental Health Program Advisory Board**

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Wednesday, August 17, 2022

**CALL TO ORDER:**

A meeting of the Chemical Dependency and Mental Health Program Advisory Board (CD/MH Board) was held virtually via the zoom platform, on Wednesday, August 17, 2022. The meeting convened at 3:00 pm, facilitated by Patricia (Pat) O'Maley-Lanphear, Chair.

**WELCOME & INTRODUCTIONS:**

*Members:* David Griggs (nominee), Randy Hayden, Carolyn Hetherwick Goza, Kathy Kain, Michele Meaker (nominee); Pat O'Maley-Lanphear, Karen O'Meara Pullen, Jamie Reed, Mark Smith, Jerry Strieck, Dennis Wheeler

*Staff:* Jennifer Alderman, Mary Jane Brell Vujovic, Cammy Hart-Anderson, Isaac Isaac, Ray Padilla, Jennifer Pehlivan, Wendy Roullier

*Presenters:* Annie Armstrong, Business Government Community Connections (1590 Listening Session Documentarian); Andrew Ballard, Marketing Solutions (1590 Listening Session Facilitator)

*Guests:* Jim Bloss, NAMI; Mary Cline-Stively, ChildStrive; Kailey Fiedler-Gohlke, Hero House; Tamera Loesch, Compass Health; Lori Olson, City of Everett; Keenan Solomon; Edrid Tirado, Snohomish County Prosecutor's Office; Ronald Vivion, Veterans Board

**DRAFT 1590 BUSINESS PLAN PRESENTATION AND LISTENING SESSION**

**1. 1590 Background**

Mary Jane Brell Vujovic (MJ) shared the 1590 PowerPoint presentation (background and proposed impact).

Wendy Roullier added the website address to view the plan and a questionnaire to help organize comments and the email to send comments and/or completed questionnaires: <https://www.snohomishcountywa.gov/1091/Public-Notices> and [HART@snoco.org](mailto:HART@snoco.org).

Initial observances and comments:

1. Pat O'Maley-Lanphear – no inclusion of services for teenagers or children included in the plan; MJ noted the plan is not written with that level of detail, certainly families and children/youth are populations to be considered; the plan was focused on the funding buckets of what to build. Pat also asked if we could receive a copy of the presentation. (Wendy sent information out via email September 8, 2022.)
  - Mark Smith – shout out to MJ and her staff for today's motion to Council to purchase motels. Using ARPA funding frees up some additional funds originally planned for this purpose. MJ added this was a huge effort with Executive Office,

Office of Recovery and Resilience (ORR), Facilities, and community voices like Mark's.

- Jim Bloss (Chat) – Is the tax money being collected at this time - and are they going to be spent soon or are we holding the tax money and building a reserve to take care of the bow wave of need? MJ explained the tax began collection in April 1, 2022 and that we cannot spend funds until Council approves the plan and appropriates the funding, hopefully funds will be available in early 2023.

## 2. 1590 Business Plan Draft – Listening Project Overview

Andrew Ballard explained the discussion process – raising hand to make comments

## 3. 1590 Plan Input

### Keep, Stop (Modify), Start

- Kailey Fiedler-Gohike, CEO Hero House NW – Start: have evidence-based practices be required of services provided – outcome driven, community based; Michele seconded Kailey's 'start' comment
- Mark – Housing Consortium has already provided input to the County, including:
  - Keep: split funding as in plan; \$79 million for housing;
  - Keep: \$48 million for the "Affordable Housing and Operations and Maintenance (O&M)" category;
  - Stop: \$9.9 million designated for O&M within the Affordable Housing category because the Department of Commerce has a new program with funding available for this expense; suggest adding the \$9.9 million funding into construction (from \$38 million to \$48 million total);
  - Stop: Since the County just approved using ARPA funding for Bridge and Permanent Supportive Housing (PSH), recommend roll that money (\$21 million) into construction (total of almost \$70 million with both recommendations) to leverage other sources of funding to build 700 new units (rather than 522 new units in the plan);
  - Keep: all other recommendations (\$13 million for services; \$4 million for Behavioral Health (BH) facilities; \$9.9 million in Bridge/PSH O&M); and reserve fund (at 16%). Mark noted that housing construction costs are rising so it is wise to have reserve fund and the fund balance can be revisited at the end of the 5-year plan, as needed.
- Karen O'Meara-Pullen – Keep: same as Pat's concern about identifying the children/youth population. The Children's Commission recently discovered research on the impact to children, especially related to BH services and availability. She hoped the County could identify facilities, resources, staffing, funding to address the crisis of young people and especially for Black, Indigenous, and People of Color (BIPOC) who are the furthest from opportunity for growth and health.
- MJ – to add to Mark's point, the contingency need for current construction projects is about 40% due to costs changing and rising rapidly.

- Pat – in each section, there is a narrative before showing the break-out – is it possible to add wording that children and family services will be wrapped up in the plans moving forward; MJ confirmed they and other populations have been raised as a concern as well in other listening sessions.
- Pat – treatment services for veterans – is there any coordination with Veterans Affairs (VA) benefits and programming (outreach, in-home support services) where we could serve people and partner with available VA funds to provide services and save “services funding” from this source; MJ explained the intention is not to duplicate any funding sources, but to connect people that need assistance, especially where we can connect people to services (and funding) that already exist. MJ added that Housing Authority of Snohomish County (HASCO) manages the Veterans Affairs Supportive Housing (VASH) vouchers and we are looking forward to get a Community-Based Outpatient Clinic (CBOC) in the County.
- Tamera Loesch, Compass Health – Keep: \$10 million for O&M. Compass Health recently developed Andy’s Place and cautioned the group that funds initially offered for a project may be diverted after plans are in place that could impact anticipated O&M needs of the organization. It happened to Compass Health and it was challenging to find O&M funding after the housing facility was built.
- Ron Vivion, Veterans Board – Keep: Veterans in our community that are indigent and impacted and will be able to utilize the services and this funding. The County’s Veterans Service Officers (VSOs) assist veterans with getting connected to housing and other services and there will be greater opportunities for getting them housed due to these funds.

Assumptions (things that no longer pertain) – pp 21 – 30 in the plan

- None provided

Considerations (things that should be brought forward)

- Michele Meaker – in working with NAMI she saw first-hand the vast services provided on shoestring budgets; NAMI Snohomish is a small, but mighty team. Michele is interested in seeing evidence-based, community-based, outcome-focused programs and services. She asked if there is any opportunity for administrative support for organizations. MJ explained organizations would be able to apply for vouchers for the clients utilizing the facilities (e.g., to connect facility clients to services); while operating funds for existing organizations for the services would not be allowed with this fund, such uses would be eligible under some other fund sources.
- Dennis Wheeler – expressed concern about the increases in inflation and expenditures; MJ explained that at the time of the development of the draft plan, inflation was not as high as now and adjusting for inflation will need to be an ongoing consideration for some time; she added she agreed with what Mark said

that normally a 16% reserve would not be recommended, but we're seeing a need for up to 40% currently on construction projects.

#### **4. Next Steps and Timeline**

Andrew explained we will be meeting with various groups to share and get feedback on the draft plan through the summer and will present a revised draft to Council in the fall that includes the feedback received in the revised plan along with responses to comments.

Annie Laurie Armstrong thanked everyone and appreciated the comments especially about youth and that programs and services are outcome-based.

Pat asked if there is a deadline for people to submit comments. Andrew explained we have one more listening session on September 12, 2022. MJ added we need responses by September 15, 2022. Wendy will also send an email with this date and the process included. (Wendy sent information out via email September 8, 2022.)

MJ thanked everyone for their comments and feedback. Mark added this was a productive listening session.

(Listening Session ended at 4:08 pm)

#### **REVIEW OF MEETING MINUTES:**

A motion was made by Carolyn Hetherwick Goza and seconded by Randy Hayden to approve the minutes for February 16, 2022. Motion carried 9-0-2.

A motion was made by Carolyn and seconded by Dennis to approve the minutes for June 15, 2022. Motion carried 8-0-3.

#### **2023 BUDGET UPDATE**

MJ explained we have received some new budget documents to share with everyone (just received today). The fund is healthy. There are some recommendations to get the fund balance reduced – specifically looking at expending some one-time funds. We will share with the group once we have a chance to meet with the Executive. We will plan to discuss further at the next regular meeting. We will send out the expenditure report in advance of the next meeting. Pat asked when the Board could provide recommendations to the Executive Office. MJ explained we may be able to provide information at the special meeting. Mark asked if staff could share them with the Board, it would be appreciated rather than waiting for the next meeting as the extra time to review would be appreciated.

#### **CAPITAL RFP REVIEW PROCESS**

The Housing Capital funds from this fund are combined with a variety of other funding sources which the Housing and Community Development team put out in a Notice of Funding Availability (NOFA) or Request for Proposals (RFP) annually. Typically, the Board would ask for volunteers to review and rate any responsive proposals and bring

recommendations to the full Board meeting. The Board's recommendations would be included in the information provided to the Policy Advisory Board (PAB) and Technical Advisory Committee (TAC) which are two other groups that review and rate the proposals and make funding recommendations about capital projects to the Council.

We have not received proposals to date and the deadline to apply is September 2, 2022 by 4:00 pm. The PAB and TAC will likely meet in early October. The next regular Board meeting is not scheduled until October 19, 2022. MJ explained there is over \$800,000 in CMDH capital funding and the potential for ARPA funding as well.

Wendy noted we have a review committee of volunteers that already stepped up and staff will be looking at the week of September 12<sup>th</sup> for the review committee to meet. We are proposing a special meeting on Wednesday, September 21, 2022 for the Board to hear the review committee's recommendations and take action. Pat asked if there are enough people available to attend and take action on September 21<sup>st</sup> - approximately 6 noted they could attend. RFP Review Committee volunteers will be emailed with a meeting invitation. Mark requested the RFP meeting invitation be sent as soon as possible.

#### **WHAT'S HAPPENING & ANNOUNCEMENTS:**

2. Mark: The Housing Consortium is hosting a candidates' forum on September 8. Candidates for State Senate and House seats in the 38th Legislative District (Everett, Marysville, Tulalip) will be speaking and answering questions. You can register at: <https://www.housingsnohomish.org/events>.
3. Mark: Purchase & Sale agreement that Council approved today – L&J/HS Committee on Tuesday, 8/23 – have heard Cm Nehring will be proposing an amendment to require clients to enroll in treatment prior to getting housing – understand there will be an opportunity for public comment. Pat asked that a link for the council calendar be sent to the group. (Wendy sent information out via email September 8, 2022.)
4. Carolyn: NAMI Basics schedule for Fall – zoom only; Carolyn attempting to retire so will be led by other leaders.
5. Karen: Children's Commission is working with Annie E. Casey Foundation and looking at their Kids Count data and working with Nate and Kelsey in Human Services' Planning and Evaluation Division to break down the information to County level – WA and SnoCo are lacking in health for children: less access to insurance, lower birth weight, adolescents in distress (Behavioral Health, Substance Use, etc.). The Children's Commission is committed to look at children and families that are furthest from opportunity. The group meets the last Wednesday monthly and is open to guests. The group is empowered by the County Executive and MJ being attentive to their recommendations. (Wendy sent flier out via email September 8, 2022.)
6. Ron: explained he termed out from the CDMH Board and introduced David Griggs as the Veterans Assistance Fund Board nominee and asked the group to consider him for recommendation. David introduced himself – Navy veteran, Granite Falls council, Veterans Board. Pat asked if he had any questions for the group.

7. Michele: Please come meet the new President & CEO of United Way of Snohomish County, Craig Chambers on Thursday, August 18, 2022 from 5:00 pm to 7:00 pm at the Hotel Indigo at the Port of Everett. We are very excited to have him on board. RSVP to attend: <https://www.eventbrite.com/e/welcome-craig-chambers-new-ceo-of-united-way-of-snohomish-county-tickets-399084280827?fbclid=IwAR0c2qwhIhuReXIX0y4T4rEIAbTLbZnanNkM10DuWLAzfAWId3RHJC1pkG0>. Karen noted they are missing him at the YMCA.
8. Dennis: recently read Lynnwood Times articles about the Community Recovery Center and thought the articles were interesting and offered to share them if others are interested. The articles also mentioned the 9-8-8 crisis line and to anticipate additional like centers in the State. MJ asked if Cammy would provide information. Cammy Hart-Anderson explained the City of Lynnwood was set to build a new Justice Center, but following a suicide and community outcry, the plans for the center were modified to include a Community Recovery Center where no one will be denied access. Recovery International will be providing the services which will include 16 recliners for Recovery Crisis Stabilization, short-term residential services, and a resource center similar to Carnegie Resource Center. The unique aspect is that no one will be denied. We are interested to see how it works and why it works in Arizona when Washington has not been able to do this previously.
9. Carolyn: shared feedback from NAMI that they heard from people that called 9-8-8 from WA but received out of state resources and nothing for WA providers.
10. Wendy: introduced Michele Meaker as the nominee for the North Sound Behavioral Health Administrative Services Organization's Advisory Board (North Sound BH-ASO Advisory Board). Michele thanked Pat for nominating and connecting her to the CDMH Board and shared she has worked for NAMI Eastside, Compass Health, and currently the United Way of Snohomish County (UWSC). She is looking forward to connecting the work of the North Sound BH-ASO with Snohomish County's priorities. She added she also served on the Children's Commission previously.

Wendy asked if the Board was interested in taking action to recommend the two new nominees be appointed to the CDMH Board. Pat asked for a motion. Randy made a motion to recommend David and Michele for appointment to the CDMH Board. Mark seconded the motion. The motion was approved unanimously.

**NEXT MEETING REVIEW:**

Special Meeting September 21, 2022 @ 3:00 pm – Capital RFP Recommendation  
 Regular Meeting October 19, 2022 @ 3 pm – 5 pm

**ADJOURNMENT:** The meeting was adjourned at 4:52 pm.

*/s/ Wendy L. Roullier*

Wendy Roullier, Administrative Assistant  
 Snohomish County Human Services

*August 17, 2022*

Prepared

Approved