



PARTNERS IN CRIME PREVENTION

NOVEMBER/DECEMBER 2019

INSIDE THIS ISSUE

| | |
|---|---|
| FETANYL— DANGEROUS SYN- THETIC OPIOID IN PUGET SOUND | 1 |
| ID THEFT— PROTECT YOUR IDENTITY DURING THE HOLIDAYS | 2 |
| HOLIDAY SHOPPING— PACKAGE TIPS | 2 |
| HOLIDAY SHOPPING— PROTECTING YOURSELF FROM THEFT | 3 |
| HOLIDAY PARTY GUIDE | 3 |
| PRESENTS UNDER THE TREE— PROTECT THEM FROM BURGLARS | 4 |

FETANYL—DANGEROUS SYNTHETIC OPIOID IN PUGET SOUND

Recent headlines of high profile deaths from an overdose of the synthetic opioid fentanyl highlights the fact that this dangerous drug has arrived in Snohomish County and the Puget Sound region. In November of 2019, two-time Olympic athlete Jarred Rome was found dead in a Tulalip Resort Casino hotel room apparently from a fentanyl overdose. Earlier, in August and September, the press reported that 3 teenage boys in King County died of fentanyl overdoses.

Fentanyl is a synthetic opioid that is 80-100 times stronger than morphine. Originally developed for pain management for cancer, illicit forms of the drug are being manufactured primarily in Mexico. Fentanyl manufacturers have been adding it to heroin to increase its potency and to fake opioid pills to give them an extra kick.

Fentanyl is so dangerous a high dose can kill a user in seconds.

In a nationwide study of counterfeit prescription pills between January and March

of 2019, The Drug Enforcement Administration (DEA) found that 27% contained potentially lethal doses of fentanyl.

Clearly, obtaining opioids on the street is especially dangerous with the potential that a manufacturer has added fentanyl.

Health professionals provide some guidelines:

Fentanyl has been found locally in these substances

- M30 pills**
 These are the most common pills containing fentanyl in our area.
 
- V48 & A215 pills**
 These pills, although less common, may also contain fentanyl.
 
- Powders**
 Fentanyl can also be found in white powders.
 

September 26, 2019

Public Health
Seattle & King County

- Do not consume any pill that you do not directly receive from a pharmacy or your prescriber.
- Assume that all pills purchased online are not safe.

- Remember that counterfeit pills purchased on the street may contain fentanyl, even if they appear legitimate.

For those who are addicted to opioids, buying drugs on the street is even more dangerous. They can receive help from the Washing Recovery Help Line:

1-866-789-1511

www.warecoveryhelpline.org



Ty Trenary- Sheriff
Snohomish County
Sheriff's Office

3000 Rockefeller
M/S 606
Everett, WA 98201
425-388-3393
<http://sheriff.snoco.org>

HOLIDAY SHOPPING- PACKAGE TIPS

The holiday season is a prime time for packages to be delivered to our homes and for package thieves to steal them:

- Ask a trusted neighbor to pick up your package after delivery.
- Track the package's progress online. Then you know when it is delivered.
- Ask to have the package placed on the back porch or out of sight on the front porch.
- Have the package delivered to a nearby package store or where you work. Amazon also has lockers at select locations where you can have it delivered.
- Install a camera that covers your front porch. Make it visible to discourage potential package thieves. A warning sign may also help.
- Consider a device to protect your packages such as a "Package Guard" disk or a locking box.



ID THEFT- PROTECT YOUR IDENTITY DURING THE HOLIDAYS

ID thieves need to steal personal information to commit ID theft. Once a theft is made it's downhill all the way for you the victim. According to the Federal Trade Commission, Washington experiences 70 reports of ID Theft per 100K of population.

Here are some ways to avoid becoming an identity theft victim:

- When you make purchases with your credit card, put the receipt in your pocket. Do not carry it in your shopping bag.
- Do not give your Social Security number, mother's maiden name, or account numbers to strangers who contact you, especially by phone, Internet, or mail.
- Pay attention to what time of month your bills arrive. If they don't arrive on time, call the creditor and verify your address.
- Put strong passwords on your credit card, bank, and phone accounts.
- Don't carry your Social Security card. Leave it in a secure place such as a safe bolted to the floor in your house or a safety deposit box.
- Don't carry credit cards or ID cards you don't need.
- Use a locking mailbox for your mail.
- When ordering new checks, pick them up at the bank instead of having them mailed to your home.
- Use a micro cut shredder to shred charge receipts, copies of credit applications, insurance forms, physician statements, bank checks and statements, expired charge cards, and credit offers you get in the mail.



SHOPPING SAFELY ONLINE

- Know who you are dealing with. Confirm the seller's phone number and physical address.
- Know exactly what you are buying. Read the product description closely. Look out for words indicating a product is in less than mint condition. Watch out for products with "too good to be true" prices.
- Know what it will cost. and pay with a credit card. Be sure the transaction is through a secure web page with "https" in the web address.
- Check out the terms of the deal, such as refund policies and delivery dates.
- Keep a paper trail. Print and save the product description and price, the online receipt, and any correspondence.
- Never email your personal information.
- Check the privacy policy.

HOLIDAY SHOPPING– PROTECTING YOURSELF FROM THEFT

The busy holiday shopping season has returned. When you are out shopping and looking for those precious gifts, take the following precautions to protect yourself from becoming a victim:

- Don't display large sums of cash in public. Be discreet about the money or other valuables you are carrying.
- Be alert in public restrooms. If anything seems amiss or if a group of people is loitering in the area, leave quickly and find another facility.
- Stay alert in crowds to protect your valuables. A thief can use the cover of the crowd to make a quick getaway after stealing your wallet or shopping bag.
- Try to park as close to the entrance of the mall or store as possible. In a parking garage, park on the level that leads directly to the mall, so you can avoid elevators or stairwells. Stay alert for people standing behind parked cars or pillars. At night, park under a light whenever possible.
- Make a note of your parking spot so that you don't have to wander around the parking lot after shopping.
- Walk purposely to your car with keys in your hand. Make sure nobody is in the vehicle before entering, and lock the doors immediately when you get inside.
- If you are leaving a mall alone at night, request a security escort to your car.
- Don't leave packages or valuables visible on the seats or floor of your car. Use the trunk.
- If you take packages to your vehicle trunk and want to go back to the mall, move your car. Most newer vehicles have a trunk release inside the vehicle (in the glove box or by the driver). If the thief sees something that you have just purchased that he wants, he can easily break a window and open your trunk.
- At an Automated Teller Machine (ATM), choose one that is located inside a mall, grocery store, or well-lighted location. Withdraw only the amount of cash you need. Shield the ATM keypad from anyone who is standing near you so they cannot view your transaction or obtain your PIN. Do not throw your ATM receipt away.

HOLIDAY PARTY GUIDE

With the holiday party season upon us we want to remind everyone not to drink and drive. If you will be hosting a party here are some tips to ensure that your guests do not become involved in an alcohol related crash:

- *Ask guests to appoint a designated driver before the evening begins.*
- *Offer a variety of non-alcoholic beverages for the designated drivers or for those who choose not to drink alcohol.*
- *Prepare plenty of food so guests will not drink on empty stomachs.*
- *Invite guests who are compatible so that no one feels left out - lonely or unfriendly people often drink to excess.*
- *Avoid too many salty snacks-they tend to make people thirsty, so they drink more.*
- *If preparing an alcoholic punch, use non-carbonated base fruit juice - alcohol is absorbed into the bloodstream faster with a carbonated base.*
- *Never serve alcohol to someone under the legal drinking age, and never ask children to serve alcohol to guests.*

PRESENTS UNDER THE TREE- PROTECT THEM FROM BURGLARS

You have safely selected and purchased your gifts. Now they are in your home ready to wrap and sit under your tree. This is a time of year when burglars steal Christmas gifts from homes. You can improve the security of your gifts through the following steps:

- Always secure and lock your doors and windows, even if you are just popping out or when you are in the back garden - about one in four burglaries happen simply because the householder left windows or doors unlocked.
- Make sure your security lights are in working order and put internal lamps on timer switches to come on when dark if you are away.
- If you have a security system, use it.
- Don't hide your house keys near a door. Burglars know all of the secret hiding places
- Don't leave Christmas presents under the tree in full view of burglars who may be peering through windows - keep them in a secure place until the big day.
- Don't put your empty boxes from Christmas presents (or any new purchases) out until your recycling collection day and make sure you break up the boxes and secure them together - the boxes and wrappings provide burglars with just the information they are looking for to see what new gadgets and items await them inside.
- Note down the serial numbers of all electronic goods such as TVs, videos, computers, and camera equipment and keep the list out of sight in a secure place. Also photograph valuable items such as jewelry.

AUTO THEFT PREVENTION CHECKLIST

- √ All vehicle doors locked
- √ All windows rolled up
- √ All personal belongings have been removed or stored in the trunk
- √ Vehicle is parked in a well-lighted area
- √ Vehicle is parked in a high-visibility location (avoid isolated areas)
- √ Anti-theft device on (Club, alarm system, kill-switch)



OFFICE OF NEIGHBORHOODS

MAKING OUR NEIGHBORHOODS SAFER
<https://www.snohomishcountywa.gov/311/Office-of-Neighborhoods>

Homeless Outreach-
 Sgt. Ryan Boyer
 Phone: (425) 308-0037
 Email: neighborhood-watch@snoco.org

Community Outreach-
 Sgt. Rebecca Lewis
 Phone: (425) 388-5250
 Email: Rebecca.Lewis@snoco.org

Nuisance Properties-
 Deputy David Chitwood
 Email: David.Chitwood@snoco.org

SHERIFF'S OFFICE CRIME PREVENTION WEB PAGE:

<http://www.snohomishcountywa.gov/289/Crime-Prevention>

NEWSLETTER INFO

EDITOR
 Steve Moller

If you have questions regarding this newsletter or any articles that appear in it, please contact the editor at neighborhoodwatch@snoco.org

TIP LINES



Snohomish County Sheriff's Office: 425-388-3845

<http://snohomishcountywa.gov/303/Anonymous-Tips>

Crime Stoppers of Puget Sound: 1-800-222-8477