

Snohomish County Executive **AARON REARDON**



Priorities in Action



Latest News & Upcoming Events

Friday, October 8, 2010

www.snoco.org

County's ECEAP honored for its work with children

Snohomish County's Early Childhood Education and Assistance Program (ECEAP) has received a Visionary Leadership Award from the Committee for Children, whose educational programs are used internationally.

ECEAP is a family-focused school-readiness program offered free to income-eligible families preparing 3- and 4-year-old children for school. It also gives parents the tools they need to raise healthy families.

Snohomish County received this award for implementing and tracking the impacts of social and emotional curricula and presenting their positive results in a simple, well-designed report for the community. Snohomish County's ECEAP was honored during the Committee for Children's 30th anniversary celebration.

"Snohomish County ECEAP is deserving of such an award because of the work they, not only with the children, but the continued efforts they make with the parents," said Snohomish County Executive Aaron Reardon. "This is a program that I fully support because it works."

The Committee for Children, a Seattle-based nonprofit agency, is the leading developer of research-based social and emotional learning programs. It works to create a safer, more peaceful world for families by developing curricula for preschool to middle school. Their programs are offered in 21 countries to more than 9 million children.

"We created these awards to recognize those who go above and beyond to make sure children learn the essential social and emotional skills to be safe and to succeed throughout their

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Nov. 5 aging group offers answers, resources

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How are we doing?

Did you know that you can track how well the County is meeting its performance goals?

The SnoStat system tracks how well the County is delivering services, the costs of those services, and the

lives,” said Joan Duffel, the Committee for Children’s executive director.

For more information on this program, contact Joe Varano at 425-388-7251 or joe.varano@snoco.org.

 **Alcohol & Other Drugs Advisory Board seeks members**

The AOD Board provides advocacy and leadership in prevention and treatment programming designed to eliminate alcohol, tobacco and other drug misuse. It is dedicated to promoting healthy community attitudes in Snohomish County and personal contributions can make a difference.

Snohomish County’s Human Services Department, which oversees the board, is looking for new, well-informed prevention and treatment savvy members, but a passion to improve services and education about the dangers of alcohol and drug misuse is what the county is really after.

To apply, go to www.snoco.org and search “AOD Board.” For more information, contact Cammy Hart-Anderson at 425-388-7233 or cammy.hart-anderson@snoco.org.

 **Nov. 5 aging forum offers answers, resources**

If an older relative withdraws from her usual social activities, is she merely slowing down or is she depressed? How do we recognize what is normal and what is not in terms of mental health as we age?

“Understanding Mental Health As We Age: What to Look For and Where to Find Help,” a free community event on Friday, Nov. 5, will provide assistance in answering these questions and others.

Sponsored by Snohomish County Long Term Care & Aging and the Snohomish County Council on Aging, the event will emphasize that mental illness is not a normal part of aging. Keynote speaker and geropsychologist David V. Powers, Ph.D., Seattle University Dean of the College of Arts and Sciences, will explain how normal aging differs from mental illness and what signs and symptoms indicate mental health issues.

A panel of experts will discuss further how to distinguish

efficiency and effectiveness of service delivery.

Simply visit our [SnoStat website](#).

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Or, [send me an email](#).

Sincerely,

Aaron Reardon

between mental health problems, physical illnesses and medication problems among older adults. After the presentations, attendees will be able to visit with local agencies that provide mental health services to older adults. The event will be from 8:30 a.m. to 12:30 p.m. at Merrill Gardens, 14905 Bothell-Everett Highway, Mill Creek. The event is free but pre-registration is required.

For more information or to reserve a space, contact Stefanie Novacek at 425-388-7019 or s.novacek@snoco.org.

Thank you very much for taking the time to read my electronic newsletter.

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You may also contact me directly by phone at 425.388.3460.