



MINUTES FOR SNOHOMISH COUNTY

Chemical Dependency/Mental Health Program Fund Advisory Board

Compass Health, 4526 Federal Avenue, Building #2 - Sanders Training Center (Gym)

Wednesday, February 20, 2013

CALL TO ORDER: A meeting of the Chemical Dependency/Mental Health Program Fund Advisory Board (CD/MH Board) was held at Compass Health, 4526 Federal Avenue, Building 2 Sanders Training Center (Gym), in Everett, Washington, on Wednesday, February 20, 2013. The meeting convened at 5:35 pm, facilitated by Ron Vivion, Vice Chair.

INTRODUCTIONS:

Members: Jim Bloss, Marilyn Finsen, John Flood, Lori Giesen, Carolyn Hetherwick Goza, Pat O'Maley-Lanphear, Ron Vivion; Chris Jowell arrived after minutes approved.

Absent: Stephen Akers, Jack Eckrem, Jen Galvan, Laura Hamilton, Doug Jeske

Staff: Robin Fenn, Mike Fulcher, Cammy Hart-Anderson, Wendy Roullier, Carola Schmid, Lori Tomber, Shelli Young

Guests: Terry Clark, Little Red School House; Pam Jones, Snohomish County Prosecuting Attorney Office; Anji Jorstad, Bridgeways; Becky Olson-Hernandez, Compass Health; James Raymond, Concerned Citizen; Glen Svendsen, Snohomish County Finance

ANNOUNCEMENTS:

- Ken Stark announced he attended a TANF meeting where Kevin Quigley, Department of Social and Health Services (DSHS), notified him that there would be \$35 million in new funding for chemical dependency and \$35 million in new funding for mental health; Ken asked if anyone in the room had heard about it – no one had
- Becky Olson-Hernandez announced Compass Health is starting asbestos abatement at the Bailey building

OLD BUSINESS:

1. *Review Meeting Minutes*
Motion was made by Ron Vivion, and seconded by Jim Bloss to approve the minutes for the December 12, 2012 meeting. Motion carried 7-0-0.
2. *Updates:*
 - a. Health Reform:
 - i. Strategy 2 –proposals due at midnight 2/23/13; Mary, Cammy and other raters' scores due by 3/3/13
 - ii. Handout: Press release regarding "essential benefits package"
 - iii. Working with DJJC to get eligible youth enrolled in medical benefits (Apple Health); for enrollment, you need to know the parent's income, how much they pay for child care and support
 - b. Sobering Center:
 - i. Working with Swedish, Verdant, others to determine demand for a south county sobering/detox/triage facility (and number of beds/facility size)
 - ii. One agency interested in medical detox; need to determine who will fund, how much funding is needed, how to sustain funding, how much funding we already have
 - iii. Next meeting is 2/28/13

- iv. Jim asked if there was a facility already; Ken explained there are two potential agencies (Evergreen Manor, Pioneer Human Services), who would determine facility and site; potential funders would need to commit for multiple years
- c. RFP Subcommittee:
 - i. Subcommittee members met: Pat, Ron, Jack, Carolyn, John (joined by email)
 - ii. Discussed the sobering center, but determined the group didn't know enough to make a decision at that time
 - iii. Children's Crisis Services – currently in flux because RSN is reviewing the system now, so better to partner regionally rather than doing this on our own; determined it's not the right time to make a funding decision right now; Community Forums will be held by RSN:
 - Wed 4/10/13 @ 1-3 pm in E County
 - Fri 4/13/13 @ 1-3 in W County
 - iv. Ken reminded the group that the Sales Tax fund doesn't need to be the funder of all programs, but can help leverage funds and collaborate with other sources
 - v. County staff presented about programs we currently fund:
 - We fund good programs; need to dig in to get more detailed information about the programs
 - Most cases showed a cost of living increase would be beneficial; agencies have had contracts for 4 years, with expectation to continue same level of service
 - The RFP Subcommittee recommends awarding a 4% COLA to existing contracts; Ron Vivion made a motion to recommend funding the COLA, Jim Bloss seconded; motion passed 7-0-1
 - RFP Subcommittee will now look at the programs in more detail, to determine where to recommend allocating the additional \$200,000; will consider continuing, decreasing or expanding each of the other programs by reviewing the quarterly reports submitted by providers

NEW BUSINESS:

- 1. *EHP/Sales Tax RFP*
 - a. 2012 Sales Tax RFP – Washington Home of Your Own was awarded \$450,000 for the purchase and rehabilitation of a 4-plex of 2-bedroom units in Everett with minimal rehabilitation needs; this project will serve persons with MH, developmental disabilities and co-occurring disorders; closing is expected to occur by the end of February
 - b. 2013 Ending Homelessness/Sales Tax RFP:
 - i. RFP released 1/16/13 for \$950,000 (\$450,000 sales tax; \$500,000 EHP)
 - ii. Proposers conference 2/4/13 included 5 interested agencies
 - iii. Proposals due 3/15/13; interviews will be held 3/29/13 and successful proposer to be announced 4/5/13
 - iv. Board members are participating on the RFP review panel
- 2. *High Frequency Utilizer Study*
 - a. Now have access to data from Triage, EMS, Hospitals Emergency Departments, Jail, Courts, Regional Support Network (RSN), Chemical Dependency (CD), Housing Management Information System (HMIS), Provider One, Healthy Options → can now track clients through these data sets, review case studies, and show impact of programs (or impact of no action); looked at 11-month period (1/1/12-10/31/12), cross referenced jail bookings with EMS and Triage frequent utilizers:
 - i. 17 unduplicated individuals:

- ii. 31 separate bookings (28 required placement in special jail module, 23 special watch [most for detox], and 28 had MH Professional contacts) for a total of 777 total jail days
 - iii. 60 total visits to Triage
 - iv. 161 transports to local Emergency Departments by EMS, 16 contacts with EMS that did not result in transport
 - b. Reviewed Case Studies (see handouts: John Doe #1, John Doe #2)
 - c. Jim asked if these analyses have been shared with the media; Robin explained they aren't ready yet – need to be packaged, including cost and what's been tried
 - d. Marilyn mentioned the system issues that are difficult to deal with (i.e. connecting inmates with medical providers because they do not accept clients with convictions); need to determine what motivation there is to change the system(s) and/or program(s) the client can get into, determine who's currently paying the bill, who's impacted and how much
 - e. Health Plans and Fire Districts are now talking and piloting a care coordination program; we will track information about those clients regarding program impact
 - f. Triage is currently only funded by RSN and Sales Tax; if we can provide data about the health plan's clients to the health plans, we can possibly request funding from health plans and reduce cost to RSN and Sales Tax
- 3. *Fund Balance*
 - a. Reviewed Fund Balance and 5-Year Projection (Handout)
 - i. Mike Fulcher noted the assumptions listed at the bottom of the handout
 - ii. Ken cautioned the board to spend the fund balance to below \$2.4 million
 - iii. Ron asked about the \$900,000 Housing Loan; Mike explained the money was allocated to Domestic Violence Services, but DVS hasn't been able to use it due to contaminated soil and it may not be used at all; if loan is used, it would eventually be repaid
 - iv. Ron Vivion made a motion that the board recommend setting aside \$1 million for new/expanded programs on an annual basis beginning in 2013; Jim Bloss seconded; motion passed 5-2-1; Ken added that this could be reviewed again in 2014
 - b. 2014 Budget Process:
 - i. Budget will need to be submitted to Finance by July 1, 2013
 - ii. Pat asked if the revenues are available for 2012; Mike stated the "actual" listed on the handout is through November plus projection for December (due to 2-month lag)
- 4. *Evaluation & Research*
 - a. Ken discussed the proposal to hire a full-time researcher, supervised by Robin Fenn, and paid through the "evaluation and research" line item (\$100,000); Robin's position would be converted to a Research Manager, at 75% sales-tax funded, 25% funded by other Human Services funding; this still allows \$200,000 for outside evaluations (like drug court evaluation by WSU) using the "evaluation and research" line item
 - b. Carolyn asked when youth would be included in the data analysis; Ken explained we're working on getting data, but school districts, etc. aren't allowing access yet
 - c. Jim Bloss made a motion to recommend the proposal, Chris Jowell seconded; Ron Vivion stated he was supportive: outcome analysis serves everyone well and service providers are armed with materials to use for funding requests; Jim called the question; motion passed 7-0-1
- 5. *Election of New Officers*
 - a. Jim Bloss nominated Ron Vivion to continue as Vice Chair; Marilyn Finsen seconded; motion passed 7-0-1
 - b. Ron Vivion nominated Pat O'Maley-Lanphear to continue as Chair; Carolyn Hetherwick Goza seconded; motion passed 7-0-1

Becky Olson-Hernandez asked the group to keep evidence-based practices in mind when discussing RFPs and outcomes.

NEXT MEETING REVIEW (4/17/2013):

- Presentation by Reclaiming Futures
- Old Business: Minutes, Updates (Health Reform, Sobering Center, RFP Committee, Legislative)
- 2014 Budget

ADJOURNMENT: The meeting was adjourned at 7:00 pm by Pat O'Maley-Lanphear, Chair.

/s/ Wendy L. Roullier

Wendy Roullier, Administrative Assistant
Snohomish County Human Services

2/20/2013

Prepared

April 17, 2013

Approved

Attachments:

- Approved Minutes – 12/12/2012
- Press Release – ACA benefits
- John Doe #1
- John Doe #2
- CD/MH 5-year Projection