



Change Team Meeting Minutes: April 25, 2013

Agenda:

- 3:00-3:10 Storyteller's Video: Guy
- 3:10-3:25 Mapping our Successes thus far
- 3:25-4:00 Review of the Visioning Model and "Telescoping" our goals
- 4:00-4:40 Committee Work: Honing Goals (setting due dates and accountability)
- 4:40-4:55 Committee Check-ins
- 4:55p Reading/quote (by Henri) and closing.
- 5:00p Meeting adjourned.

Per the Vision sent out to Change Team and Fellows prior to the meeting, the Teams were greeted with the newly established "Committee work group" tables. Posted on the walls in each work group area were the list of goals established by each group during last month's meeting.

Storyteller video: The meeting began with viewing Guy's (a youth in Drug Court) video. As Kathy explained, Guy is another youth who has benefited from the artistic talents and mentorship of Henri and others through the PAIR program as he worked his way through juvenile court and substance abuse related issues.

Mapping our Successes: Following the presentation of Guy's video and the story of his success, Kathy invited Change Team members to come up to the front of the room and write (on the blank sheets provided) the successes "we" as a Change Team have made to date:

Very effective at creating a constant space where juvenile/youth systems 'peeps' are getting to know each other and cross-share information***Kids like Guy***And Mia and Natalie***More collaboration across agencies through Change Team***Community Connections***GAINs***P.A.I.R***RF Vision***More EBP's*** "IF" Project***Re-doing the detention library with donated books***Youth Interest Form***Yellow Pages/ Parent resource Guide (working to get it back!)*RCW Modifications (to reward/give credit for positive behaviors and pro-social activities)*Community Transition Plan-probation***Expand M.I (Motivational Interviewing)*Detention working on Parent/Kid resource guide and "mapping" Juvenile Justice***Mentoring networking with 4-C coalition and JRA***Better focus on mentoring already existing in the county***Better idea of where there are weaknesses/needs to address***Mentoring Training Manual in first draft***Steve set up financial line item (to receive donations to sustain programs)*Greater involvement with Detention and Probation personnel at all levels***Processes for referrals being created***Better communication within and between agencies***Making youth the priority***Bringing treatment agencies together to develop more alternatives, resources, and opportunities for our youth***Bring EBP to treatment***School based treatment expansion***A strong Change Team!

Presentation: Review of Visioning Model and Telescoping (creating structural tension through due dates and accountability for goals) Next Kathy presented a Power Point recap of Visioning, Current

Reality, and Telescoping. This set the stage for the work groups beginning to focus on specific goals to achieve in the next 6 month and actions to be taken to achieve those goals.

Committee Check-ins: At 4:40 pm we did a check-in with each Committee.

Readings and quotes for the day: Kathy read a quote offered by Allen Hilderbrand and Henri read a quote.

The meeting adjourned at 5 pm.

NEXT CHANGE TEAM MEETING: THURSDAY, MAY 23rd, 2013 3-5PM. LOCATION CHANGE!!!! MAY MEETING TO BE HELD AT THE MAIN COUNTY CAMPUS, ADMINISTRATION BUILDING EAST, HEARING ROOM 1.

Following are the Committee notes:

Mentoring Committee (and Pro-Social Activities): Steve Strickler, Mark Lee, Tim Gahm, Henri Wilson, Elysa Hovard, Mike Irons, Hap Werthemer, (not present this meeting: Curtis Dahl, Toby Dahl, and Ann Gifford).

- Steve has finished JRA training so he can visit youths in JRA's to stay connected with youth who are sentence to JRAs.
- Elysa, from Cocoon House, as an advocate works linking youth to resources, substituting for parents often in the lives of youth. Cocoon uses high functioning street youths as peer mentors.
- PAIR has started peer mentoring as a way to continue to connect with participants as well as inspire newer participants.
- At Cocoon there can be continuing contact with mentoring resources.

1. **GOAL (long term)** : Find a way to make Mentoring processes seamless between agencies.

Hap asked how one becomes a mentor? Do we know about Housing Hope's mentoring?

Assignment for Steve by next meeting:

- Come up with a definition of mentoring as it pertains to "Our Kid".
- Some elements we discussed were:
 - Healthy Adult relationships with more than one person,.
 - (Getting people to suit up and go the long haul with the youth, see long term engagement as a role they want to have in community life.
 - A community aspect in fostering developmental aspects of youth.
 - UK/Oxford definition.
 - Include peer mentoring. Mike Irons offered mentoring manual PAIR and others use.
- We have multiple unaligned support systems, Tim said.
Tim reminded us that that kids who could benefit from mentoring relationships often don't have the supports to get them into those relationships.(Kids walk into the system unsupported and walk out unsupported too frequently.)
- Availability of such programs varies geographically.

- We wonder if there is an awareness in the community of the need for mentors and the path to becoming a mentor.
- It was observed that kids don't always even want a mentor but may be more interested when they are in [certain] more vulnerable circumstances.
- There are obstacles that often prevent organizations combining resources to achieve common goals.
- It would be helpful to open communications when discussions might benefit youth vs privacy preventing communication that could lead to help for the youth.

One current reality is that we lack knowledge of resources and facilities where healthy mentoring activities might take place.

- We want to begin to identify the potential resources geographically including the whole county.
- Look at JANUS in Portland and observe what their strategies are for working together for youth.

2. **Ninety day goal:** Steve will develop a working draft of the mentoring manual.
3. **Six month goal:** Discovery of other working programs in our county and categorize them geographically.

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**Education/Employment Committee:** Michele Rastovich, Nicole McGrath, Rebecca Hungerford, Tisha Miller, Wendi Thomas, and Gary Marks (not present at this meeting: Patrick Murphy, Jodie DesBiens, Stacy Eberly, Tracy Ollgaard, and Amy Perusse).

- Michele Rastovich was elected to be chair for the next two months (May and June) whereupon a new chair will be chosen.
- Notes taken by Tracy Ollgaard

**GOALS:**

1) Want a seamless, immediate, successful transition for kids from detention back into school system (unless they are expulsion issues which takes away from the immediate)

- the more time out of school, the more likely for the kid to get back into trouble
- needs to be better communication between schools and detention center

2) Want streamlined contact at DYC i.e. want **one** contact to be able to get information on kids involved with detention

- what info do we want that one contact person to have? about treatment? housing? disconnect from school?

3) 6 month goal?? Want an understanding of DYC's commitment to wrap around services(system-wide)

- understand kids' needs and who trumps who? i.e. school staff trumped by PO on what direction kids take?
- need better communication between right and left hands at DYC- there is a disconnect between POs and detention- need to take steps to mend that disconnect- want consistent meetings to be able to discuss kids' needs
- need an understanding how kids leave DYC and get an advocate to navigate getting back into school, etc. how do kids get an advocate?

4) long term goal: want every kid to get hooked up with advocate, get an education plan, etc. The kids must want to have services.

**ACTION STEP:** meeting outside of change team-- advantageous? YES want to understand DYC system Michele will meet with DYC staff and Wendi will check with ESD to see what/if they can play a role with this

**Goals/steps being worked on:**

- Assess where we're at with other school districts : Gary/Amy
- Identify navigators/advocates: Michele
- Find out about and attend OSPI institute: Gary/Amy

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Justice Committee: Janelle Sgrignoli, Damon Scott, Amy Stoose, Annie Rosentrater, Susan Hunt, and Chad Bjerkan (not present at this meeting: Jamie Reed, Judge Weiss and Peter Camp).

Amy announced that they were updating the detention library and that Mill Creek is donating books.

Item 1 – Obtain the DAT and GAIN SS and compare. Discover origin, intent of DAT

- a) Janelle shared update from meeting with detention and court administration on this topic
- b) Amy, Damon and Susan volunteer to go through the DAT, intake assessment and GAIN SS to identify redundancies and determine where in the process questions should be asked and by whom.
- c) Some questions might be better asked later in the process
- d) Amy, Damon and Susan will develop a draft process/procedure and form(s) to streamline the system, implement the GAIN SS, ensure a safety plan is identified upon intake, that other parts of detention get the necessary information they need in a timely fashion and youth are treated with courtesy and respect
- e) First draft to Jim and Margie by May 3

Item 2 – train all staff in MI (VGAL and Detention

- a) Jamie was not present so will follow up at May change team meeting

Item 3 - Suggested action step to create a team and parent resource guide (example Teen Yellow Pages)

- a) Janelle contacted VOA to see if they still provide the “where to turn” booklet. VOA no longer is publishing the booklet and direct the public to their web site or 2-1-1.
- b) Janelle contacted the WDC to see if they were updating the Teen Yellow Pages.

- c) WDC is working on a web based version that will be available within the next few months. Janelle will keep us updated.
- d) Allen Hilderbrand is working on flow chart for detention to assist youth and parents
- e) Annie provided a flow chart and resource list that she was given at JPC training.
- f) Susan also shared a flow chart and will forward to Allen for his project

Item 4 – Create a legislative subcommittee: RCW community service vs pro social

- a) Judge Weiss was not present
- b) Janelle will connect w/ Judge Weiss and report back at June change team meeting
- c) It was suggested that mentors attend community service with youth

Item 5 – Obtain information on data sharing agreements

- a) Peter was not present.
- b) Janelle shared that the Fire/EMS/Jail data sharing is for research purposes
- c) Data dealing with substance abuse, mental and or physical health is protected by HIPAA and/or 42CFR
- d) Janelle will research and bring back information at the June meeting

Item 6 - Transition planning

- a) Jamie has created a Community Transition Plan for probation
- b) Probation management team has reviewed the form and provided feedback
- c) Probation staff are reviewing the form and will have feedback to Jamie no later than end of May
- d) Jamie will update form based upon feedback and submit final for approval by Probation Management by end of June
- e) Implementation targeted for end of July

Overall, this was a great team effort. Everyone was fully present and participated in the discussions.

In summary, our recognizable goals are:

#1 – Complete the review of the GAIN SS, detention intake and the DAT and provide recommendations to Detention Managers by end of May, 2013 – Amy, Damon and Susan leads on this project

#2 – Finalize Community Transition Form by June 2013, implement July, 2013 – Jamie lead on this project, working in partnership with Probation management and staff

#3 – Explore data sharing rules/regulations regarding protected information (substance abuse, etc) and report back at July 2013 change team meeting – Janelle lead on this project

Thanks to Damon for his great note taking!

Treatment Committee: Tara Barnard, Ramona Graham, Lisa Quaring, and Lisa Kibbee-Hacker, Scott Lingle (not present at this meeting: Bob Wicks, Carmen Barr, Judy Bixby, Maureen Florea, Angela Fraser-Powell, Pat Martinelli.)

We had a new member join us from Tulalip Tribes, welcome Lisa. We had discussions regarding language used in treatment and mental health, assessment and screenings and the direction for us to go in the next few months. We had to identify 3 goals that we are going to work on for the next 6 months.

Here is what we discussed and the dates we stated we would have each of these completed:

1. **Create a “menu” of services/modalities/theoretical perspectives used by each agency/provider.** We said we could complete this for the May Change Team. (Tara) I said that I would gather all of the information so if everyone can send their information to me, I will compile and take out any duplications.
2. **Convene agency leaders to discuss collaboration and more treatment.** Judge Weiss will be setting a date for this but it should be in May. ***This meeting is actually slated for May 23 to discuss more treatment in Snohomish County.***
3. **Create a list of definitions/glossary of terms used in substance abuse treatment and mental health.** This information will also be compiled by me (Tara) so if you can send me the information that would be great. Our goal date for this is the June Change Team.

Please don't hesitate to ask questions if something does not make sense or you would like clarification. The next Change Team will be here before we know it so please begin sending me your information at your earliest convenience.

If I have forgotten anything from those who were able to attend the meeting, please feel free to add to this email.

Looking forward to hearing from all of you soon.

Thanks,
Tara Barnard

Thanks for everyone's hard work and dedication to Reclaiming Futures and the youth of Snohomish County!